

**Parenting Assessment Plan**

**This is the plan of the parenting assessment that \_\_\_\_\_Safura Shaharuddin\_\_\_\_\_\_\_\_ will do with me, \_\_\_\_\_\_\_\_\_\_\_\_\_Jasmine Dozie\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, parent of \_\_\_\_\_\_\_\_\_\_\_\_Unborn Baby Dozie\_\_\_\_\_\_\_\_\_**

**I will be at all the sessions in this plan. I understand the dates and times of the session written in this document.**

**I will let Safura know if I don’t understand the timetable and if I need help with remembering when the sessions are taking place.**

**If I am unable to be at a session I will let Safura know. I will give a reason about why I am not free, and I understand that missing too many sessions or giving reasons that are not reasonable will mean that there might be delays in the parenting assessment or that it might look like I can’t manage.**

**I agree that I understand this plan.**

**This is my name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This is my signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This is the number for Safura Shaharuddin to contact me:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This is the social worker’s name:\_\_\_\_Safura Shaharuddin\_\_\_**

**This is the social worker’s signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**This is the social worker’s number for me to contact:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**We signed this document on this date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**We will review this document on this date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**The Assessment Plan:**

**This is the plan of what we will talk about in each session.**

**We might talk about other topics too, if in our conversations it takes us to an area that is important to know about who you are, how you parent, what your children need, and what support you need.**

|  |  |  |
| --- | --- | --- |
| **Planned Sessions** | **Date and Time** | **Location** |
| **Session 1:**  We will talk about the assessment agreement.  We will talk about:  your extended family, write a family tree together, and we will talk about your friends and the support you have. |  |  |
| **Session 2:**  We will talk about:  your childhood, your identity, your culture, exploring what makes you ‘you’, and your experiences in life, and how you make links to this in your parenting of your children |  |  |
| **Session 3:**  We will talk about:  your mental and physical health, and we will talk about your relationships both the history of your relationships and your current ones, and what this means for your child and how they experience this |  |  |
| **Session 4:**  We will talk about:  Your education, your work history, how you manage your money, how you manage your home, and how your child experiences this |  |  |
| **Session 5:**  We will talk about  What social workers are worried about with your parenting, your understanding of those worries, and how you can change and what support you will need to do that |  |  |
| **Session 6:**  We will talk about the hypothetical experiences your child have at home with you, their routine, the boundaries you put in place, how you parent them, we will talk about preparing for their birth |  |  |
| **Session 7:**  We will talk about how you see your child/ren and how you see yourself as their parent |  |  |
| **Session 8:**  We will talk about domestic abuse and the impact of this on your child/parenting capacity |  |  |
| **Feedback Session:**  We will talk about what I will be saying in the report I will write about you.  I will give you a copy of the report for you to keep and show your solicitor. |  |  |