

## Who are we?

SWIM is a community interest company that empowers people in Hackney and its neighbouring communities to improve their health, well-being, and life chances.

We support with re-integration into the community, reducing re-offending behaviour and building social recovery capital.

## Psychosocial support:

- SWIM's PACT (older men's) group
- 1 on 1 support with designated key worker
- Support with:
  - Benefits
  - » PIP applications
  - Housing & maintenance support
  - » Debt management support
  - Support with ID, passport and opening bank accounts

