



SWIM
ENTERPRISES

Support When It matters (SWIM)

Accommodation and
Support for African/
Caribbean and Dual
Heritage males in
recovery.





About Us

Support When It Matters (SWIM) supports and houses Global Majority African/ Caribbean and Dual Heritage males in their recovery journey to maintain abstinence from drugs and alcohol whilst improving their health, well-being, and life chances.

SWIM provides safe culturally informed accommodation and support to males who are moving into stage 2 of their abstinent recovery journey. SWIM exists to ensure it helps seldom heard and vulnerable males to access resources and opportunities available to live healthy, purposeful lives.

We believe equality and inclusion strengthen our communities, so we work to inspire a sense of belonging in others. We offer our life experience and skills to equip individuals with the tools they need and empower them to lead better lives.

Our Recovery Homes are set up to provide a safe and secure base to continue your journey from illicit substances.

We support our residents to avoid isolation, which is common when moving into abstinence and away from old habits, routines and behaviors. Interactions in the home with fellow peers and support staff help people in recovery develop decision-making and problem-solving skills. These will be used in their every day lives.

Our Mission

It is our aim to support individuals in maintaining a drug and alcohol-free lifestyle through a structured process where we provide a high quality place to live with wrap around support.

Entry Criteria

Aged 18+

History of substance misuse

Commitment to engage in all rehabilitation and recovery activities

Male

Referral from Prison or via community Drug and alcohol providers.

Need to have been through a detoxification programme and be fully abstinent (tobacco accepted)



Support offered

At SWIM we understand that those coming out of treatment and back into the community can find this hard to maintain abstinence independently, they may find common day-to-day life challenging.

SWIM allows males in recovery to access safe and suitable accommodation whilst easing back into normal life. As well as being able to access the support of professional staff, mentors and fellow peers.

SWIM run a 12 step programme in the home.

Client will receive a variety of support whilst living at the home and this will include:

Professional Staff presence
from 9am – 5pm

Out of hours support from
professionals and mentors

One to one keywork
sessions

Independent living sessions – focusing on
budgeting, cooking, cleaning and maintaining
the home

Everyone is allocated a key worker who has
lived experience of substance misuse

Benefit advise and support

Support with accessing
employment or education

Group programmes centred
around recovery

Peer mentor group session

Everyone is **allocated a
mentor**

What to expect

SWIM recovery homes provide a sense of community for males from an African/Caribbean or Dual Heritage background.

Staff providing the support have lived experience of substance misuse and are from similar ethnic backgrounds.

Residents will undergo drug testing and attend mandatory group meetings and one-to-one sessions. They will contribute to the upkeep of the home and take part in house meetings.

Meaningful activities will be provided throughout the week and weekend such as Sporting events, day trips, cooking workshops and much more. Learning how to have a good time while staying substance free is a liberating and important aspect of recovery which SWIM promotes.



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Contact Us



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