



Welcome to Camden

Swiss Cottage



A **warm** welcome to Camden, we are very happy that you are here.

We want to make sure you have the help and support you need. This pack gives you information about services and places in Camden for you and your family. If you need help, you can call:

- Camden Council on **0207 974 4444**
or visit www.camden.gov.uk
- Migrant Help on **0808 8010 503**
or visit <https://www.migranthelpuk.org/contact>

Here is a link to a map of Camden

<http://maps.camden.gov.uk/Nearest.aspx>

You can use it to search for services and places near to your hotel.

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Schools and education



Your child can apply to go to school, and you may be able to get help with school uniform and school meals. If you want a school place for your child, you can apply to the school.

Your nearest schools are:

Primary Schools (4-11 year olds)	Secondary Schools (11-18 year olds)
<p>Holy Trinity (Church of England) 56 Clarence Way NW1 8DG Tel: 020 7267 0771 Email: admin@holyltrinitynw1.camden.sch.uk</p>	<p>UCL Academy (Girls and Boys) Adelaide Rd, NW3 3AQ Tel: 020 7449 3080 Email: enquiries@uclacademy.co.uk</p>
<p>Fitzjohns 86A Fitzjohn's Ave, NW3 6NP Tel: 020 7435 9797 Email: admin@fitzjohns.camden.sch.uk</p>	<p>Harris Academy (in Westminster, Girls and Boys) Marlborough Hill, NW8 0NL Tel: 0207 722 8141 Email: info@harrisstjohnswood.org.uk</p>
<p>Hampstead Parochial (Church of England) 2A Holly Bush Vale, NW3 6TX Tel: 020 7435 4135 Email: admin@hampsteadprim.camden.sch.uk</p>	<p>St Georges Academy (in Westminster, Girls and Boys) Tel: 0207 328 0904 Email: office@stgeorgesrc.org</p>
<p>New End Streatley PI, NW3 1HU Tel: 020 7431 0961 Email: admin@newend.camden.sch.uk</p>	

School Uniform

If you need help with the cost of school uniform, ask the school if they would help you apply for a grant. These organisations might be able to help:

Glasspool

<http://www.glasspool.org.uk/grants/grants>

grants@glasspool.org.uk

Tel: 0203 141 3161

Ragamuffins

www.londonragamuffins.org.uk

Free School Meals

You might be able to get free school meals for your child. You need to apply online

<https://www.camden.gov.uk/free-school-meals>

or call 0207 974 4444 for help

Adult education and ESOL



There are lots of free education courses for adults in Camden.



ESOL (English for Speakers of Other Languages) courses

If you have never done ESOL classes before, or not for a long time contact the

[Camden ESOL Advice Service](#)

Tel: 020 7974 1618

Email esol@camden.gov.uk

Other Adult Education courses:

Tel: 02079742148

<https://www.webenrol.com/camden>

Health



You can register with a GP and with a dentist. You might also need a hospital or an optician.

Some health services might need to be paid for, and you may be able to get help with the costs. Your nearest health services are:

GP/Doctor

Belsize Priory Medical Practice

208 Belsize Road,
NW6 4DX

Tel: 020 3317 5800

<https://www.belsizepriorymedicalpractice.co.uk>

Chomley Gardens Surgery

1 Chomley Gardens,
West Hampstead, NW6 1AE

Tel: 020 7794 6256

<https://www.cholmleygardensmc.nhs.uk>



Hospital (Accident and Emergency)

Royal Free Hospital Pond St, NW3 2QG Tel: 111 or 999

<https://www.royalfree.nhs.uk>

Dentist

Shaul Dental Surgery

411 Finchley Road, NW3 6HJ

Tel: 020 7431 2937

Swiss Cottage Dental Surgery

Regency Parade, NW3 5EG

Tel: 020 7449 9774

Optician

Optique 20:20

The O2 Centre

255 Finchley Road NW3 6LU

Tel: 020 7431 6902

Spec Savers Swiss Cottage

171 Finchley Road, NW3 6LB

Tel: 02076449990

Help with Medical Costs

You might be able to get help with the cost of some medical services. You can use this checker to find out, or ask your GP for help

<https://services.nhsbsa.nhs.uk/check-for-help-paying-nhs-costs/start>



Transport



There are lots of ways to get around Camden, including bus and tube.

Your children might also be able to get free or discounted transport.
Your nearest transport services are:

Nearest bus service

O2 Centre

255 Finchley Rd, NW3 6LU

Here is a link to planning a bus journey

<https://tfl.gov.uk/maps/bus>

and here is a link where you can look at a bus map

<https://tfl.gov.uk/maps/bus-spider-maps?Query=Camden>

Nearest tube line:

Finchley Road

(Jubilee and Metropolitan Lines)

Here is a link to a map of London Underground

<https://tfl.gov.uk/maps/track/tube>

You can use this link to plan a journey on London's public transport:

<https://tfl.gov.uk/plan-a-journey>

Here is a link to information about free or discounted transport for children

<https://tfl.gov.uk/fares/free-and-discounted-travel>



There are lots of supermarkets in Camden, and we have foodbanks who give food for free.

You can also use Camden's find food website here
<https://findfood.camden.gov.uk>

Nearest supermarkets

Sainsbury

Finchley Road
O2 Centre,
255 Finchley Rd,
NW3 6LU

Nearest foodbanks

Chalk Farm Baptist Church,

Berkley Rd, NW1 8YS
Tel: 020 7483 3763

Primrose Hill Community Association

29 Hopkinsons Place,
NW1 8TN
Tel: 020 7586 8327

See 'Community Centres' section for more food help.



Help with babies and toddlers



Childrens Centres are for families with children aged 0-5 and for people expecting a baby.

Your nearest Childrens Centres are:

Kilburn Grange Children's Centre

1 Palmerston Road NW6 2JL

Tel: 020 7974 5080

Harmood Children's Centre

1 Forge Place NW1 8DQ

Tel: 020 7974 8961

They can help with:

- Midwifery, pregnancy and health visiting services
- Stay and play drop-ins and other activities for you and your child to enjoy together
- Childcare and childminders
- One-to-one support if you are feeling low, anxious or stressed by family life
- Information and support about breastfeeding, baby feeding and healthy eating
- Family support team — if you need extra help
- Finding training, employment and benefits advice
- Advice and play activities to support your child's speech and language
- Local services for children with special educational needs and/or Disabilities, visit <http://localoffer.camden.gov.uk>



Family support



The Camden Family Early Help Service can give practical and emotional support for you and your children.

Call 0207 974 3317

or email LBCMASHAdmin@camden.gov.uk

More information here <https://www.camden.gov.uk/early-help-for-children-and-families>



Local legal advice



Domestic violence



There are lots of legal advice services in and around Camden who can help with immigration and asylum:

Camden Community Law Centre

Tel: 020 7284 6510

Website: <https://cclc.org.uk>

Advocate

Free legal assistance from volunteer barristers

Tel: (voicemail only)
020 7092 3960

Email: enquiries@weareadvocate.org.uk
<https://weareadvocate.org.uk>

CORAM Children's Legal Centre

One-off email advice from a specialist solicitor

Email: mcpadvice@coramclc.org.uk

Website: <https://www.childrenslegalcentre.com/get-legal-advice/immigration-asylum-nationality/advice-line>

Crossroads Women

For women who are seeking asylum, including those who may be separated from their children.

<http://crossroadswomen.net/what-we-do>

Just for Kids Law

For young people aged 10 to 25 who live in London, on a range of immigration issues.

Tel: 020 3174 2279
Email: info@justforkidslaw.org
<https://justforkidslaw.org/>

Joint Council for the Welfare of Immigrants (JCWI)

Tel: 020 7251 8708
Email: info@jcwi.org.uk
Website: <https://www.jcwi.org.uk>
020 7553 7470

Rights of Women

Advice lines on immigration and asylum law for women.

Tel: 020 7490 7689

Email: info@row.org.uk

Website: <https://rightsofwomen.org.uk>

Latin American House

Immigration, asylum, nationality, detention, advice and casework, mainly (but not exclusively) for Latin Americans, Spanish and Portuguese speakers

Tel: 020 7372 8653
Email: info@casalatina.org.uk

Website: <https://casalatina.org.uk/legal-social-advice/benefits-housing-employment>

Camden Safety Net

Here to help survivors of domestic violence and their children. If you are in immediate danger, call the police on 999

Tel: 020 7974 2526

Email: camdensafetynet@camden.gov.uk
<https://www.camden.gov.uk/domestic-violence>

Hopscotch

Specialist support for Asian women experiencing violence or abuse

Tel: 020 8961 6549/ 5701

<http://www.hopscotchawc.org.uk>

National Domestic Abuse Helpline

Tel: 08082000247

Women's Aid Live Chat

If it's unsafe or you're unable to speak on the phone

<https://chat.womensaid.org.uk>

Men's Advice Line

Support for Male Victims and Survivors
08088010327

GALOP LGBT+ Domestic Abuse Helpline

02077042040 or 08009995428



Places to play and things to do



Camden has lots of things to do and places to go with children. Your nearest facilities are:

Playgrounds

Broadhurst Gardens

400m – infant playground

Swiss Cottage open space

700m – infant playground

Swiss Cottage Library

88 Avenue Road, NW3 3HA

Book borrowing for adults, young adults and children, free bookable computers, Study Space and free online Digital Resources.

Swiss Cottage Leisure Centre

4a Adelaide Rd, NW3 3NF

Tel: 020 7974 2012

playground, multi-sport activities, children soft play, swimming children + adults, adult activity sessions incl gym

Camden Activity Map

Find free and low-cost activities around Camden from; youth clubs, outdoor gyms, sports clubs and more.

Ways to Move Resource

and local information package on fun ways to stay active in Camden

Accessible Camden Disability Activity Finder (Wiki Links)

Find social and fun activities around Camden.

Young Women and Girls Football Programme

Weekly training sessions created exclusively for girls aged 5-15 years old and we always welcome new participants.

Free Activities

9 Outdoor Gyms

[Kilburn Grange Park](#) is nearby

Camden Health Walks

Free health walk through Camden throughout the week assisted by qualified walk leaders.

Free things to do in London

<https://www.visitlondon.com/things-to-do/family-activities/31-free-things-to-do-with-kids>



Places for young people



There are lots of centres for young people aged 11+ in Camden, who offer free things to do and enjoy.

Your nearest youth centre is:

The Winch Youth Project

Old Winchester Arms,
21 Winchester Rd,
Belsize Park,
London NW3 3NR

Tel: 020 7586 8731

Lots more ideas for things for young people to do here

<https://www.camdenrise.co.uk/things-to-do>



Community centres



Camden has lots of community centres who help residents and have lots of activities and support.

Your nearest community centres are:

The Winch

21 Winchester Rd,
Belsize Park, NW3 3NR

Tel: 020 7586 8731

<https://thewinch.org>

advice, support, activities,
family help

Swiss Cottage Community Centre

19 Winchester Rd,
NW3 3NR

Tel: 020 7586 5272

<http://yourswiss.org>

information and activities

Abbey Community Centre

222C Belsize Rd,
NW6 4DJ

Tel: 020 7624 8378

<https://abbeycc-kilburn.org.uk>

advice, support and activities

Sidings Community Centre

150 Brassey Rd, NW6 2BA

Tel: 020 7625 6260

<http://sidings.org.uk>

Support, advice, signposting
and food support

Camden

**Swiss
Cottage**