



Welcome to Camden

Kilburn



A **warm** welcome to Camden, we are very happy that you are here.

We want to make sure you have the help and support you need. This pack gives you information about services and places in Camden for you and your family. If you need help, you can call:

- Camden Council on **0207 974 4444**
or visit www.camden.gov.uk
- Migrant Help on **0808 8010 503**
or visit <https://www.migranthelpuk.org/contact>

Here is a link to a map of Camden

<http://maps.camden.gov.uk/Nearest.aspx>

You can use it to search for services and places near to your hotel.

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Schools and education



Your child can apply to go to school, and you may be able to get help with school uniform and school meals. If you want a school place for your child, you can apply to the school.

Your nearest schools are:

Primary Schools (4-11 year olds)	Secondary Schools (11-18 year olds)
<p>Kingsgate 96 Kingsgate Rd, NW6 2JG Tel: 20 7624 5379 Email: admin@kingsgate-pri.camden.sch.uk</p>	<p>Hampstead School (Girls and Boys) Westbere Rd, NW2 3RT Tel: 020 7794 8133 Email: enquiries@hampsteadschool.org.uk</p>
<p>St Mary's Kilburn (Church of England) Quex Rd, NW6 4PG Tel: 020 7372 6565 Email: admin@stmarykilburn.camden.sch.uk</p>	<p>Queens Park Community School (in Brent, Girls and Boys) Aylestone Ave, NW6 7BQ Tel: 020 8438 1700 Email: info@qpcs.brent.sch.uk</p>
<p>Kilburn Grange (in Brent) Priory Park Road, NW6 7UJ Tel: 0207 504 0547 Email: info@kilburngrangeschool.org.uk</p>	<p>UCL Academy (Girls and Boys) Adelaide Rd, NW3 3AQ Tel: 020 7449 3080 Email: enquiries@uclacademy.co.uk</p>
<p>St Eugene de Mazenod (Catholic School) Mazenod Ave, NW6 4LS Tel: 020 7624 4837 Email: admin@steugene.camden.sch.uk</p>	

School Uniform

If you need help with the cost of school uniform, ask the school if they would help you apply for a grant. These organisations might be able to help:

Glasspool

<http://www.glasspool.org.uk/grants/grants>

grants@glasspool.org.uk

Tel: 0203 141 3161

Ragamuffins

www.londonragamuffins.org.uk

Free School Meals

You might be able to get free school meals for your child. You need to apply online

<https://www.camden.gov.uk/free-school-meals>

or call 0207 974 4444 for help

Adult education and ESOL



There are lots of free education courses for adults in Camden.



ESOL (English for Speakers of Other Languages) courses

If you have never done ESOL classes before, or not for a long time contact the

[Camden ESOL Advice Service](#)

Tel: 020 7974 1618

Email esol@camden.gov.uk

Other Adult Education courses:

Tel: 02079742148

<https://www.webenrol.com/camden>

Health



You can register with a GP and with a dentist. You might also need a hospital or an optician.

Some health services might need to be paid for, and you may be able to get help with the costs. Your nearest health services are:

GP/Doctor

Belsize Priory Medical Practice

208 Belsize Road,
NW6 4DX

Tel: 020 3317 5800

<https://www.belsizepriorymedicalpractice.co.uk>

Abbey Medical Centre

85 Abbey Road,
NW8 0AG

Tel: 020 7604 2455

<https://www.abbeymc.co.uk>

Brondesbury Medical Centre

279 Kilburn High Road
NW6 7JQ

Tel: 020 7624 9853

<https://www.brondesburymedicalcentre.co.uk>



Hospital (Accident and Emergency)

Royal Free Hospital Pond St, NW3 2QG Tel: 111 or 999

<https://www.royalfree.nhs.uk>

Dentist

Shape Dental Clinic

44 Kilburn High Road, NW6 4HJ

Tel: 020 7624 2434

Kilburn Dental & Oral Surgery

98A Kilburn High Road, NW6 4HS

Tel: 020 7328 4008

Optician

I S Cohen

46 Kilburn High Road, NW6 4HJ

Tel: 020 7624 9277

Kilburn Specsavers Opticians

116 Kilburn High Road, NW6 4HY

Tel: 020 7328 5655

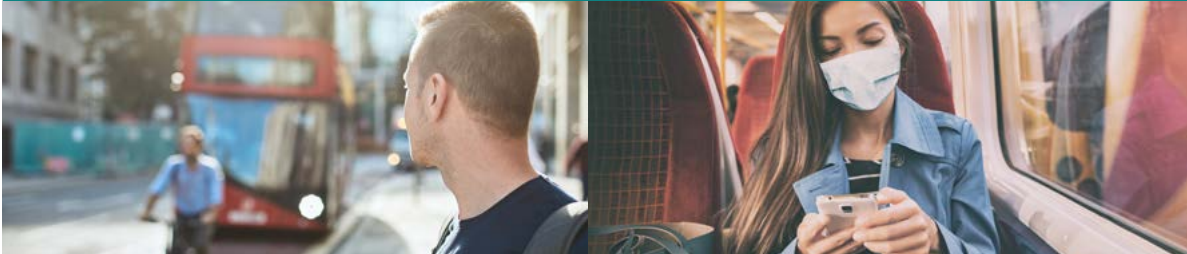
Help with Medical Costs

You might be able to get help with the cost of some medical services. You can use this checker to find out, or ask your GP for help

<https://services.nhsbsa.nhs.uk/check-for-help-paying-nhs-costs/start>



Transport



There are lots of ways to get around Camden, including bus and tube.

Your children might also be able to get free or discounted transport.
Your nearest transport services are:

Nearest bus service

Kilburn High Road Station
Kilburn High Rd, NW6 5UA

Here is a link to planning a bus journey

<https://tfl.gov.uk/maps/bus>

and here is a link where you can look at a bus map

<https://tfl.gov.uk/maps/bus-spider-maps?Query=Camden>

Nearest tube line:

Kilburn Park
(Bakerloo Line)

Here is a link to a map of London Underground

<https://tfl.gov.uk/maps/track/tube>

You can use this link to plan a journey on London's public transport:

<https://tfl.gov.uk/plan-a-journey>

Here is a link to information about free or discounted transport for children

<https://tfl.gov.uk/fares/free-and-discounted-travel>



There are lots of supermarkets in Camden, and we have foodbanks who give food for free.

You can also use Camden's find food website here
<https://findfood.camden.gov.uk>

Nearest supermarkets

Aldi
142-162 Kilburn High Rd,
NW6 4JD

Sainsburys
88-92 Kilburn High Rd,
North Maida Vale, NW6 4HS

Nearest foodbanks

Chalk Farm Baptist Church,
Berkley Rd, NW1 8YS
Tel: 020 7483 3763

North Paddington Foodbank
St Lukes Church Fernhead Rd,
W9 3EJ Tel: 07932 623443

See 'Community Centres' section for more food help.



Help with babies and toddlers



Childrens Centres are for families with children aged 0-5 and for people expecting a baby.

Your nearest Childrens Centre is:

Kilburn Grange Children's Centre

1 Palmerston Road NW6 2JL

Tel: 020 7974 5080

They can help with:

- Midwifery, pregnancy and health visiting services
- Stay and play drop-ins and other activities for you and your child to enjoy together
- Childcare and childminders
- One-to-one support if you are feeling low, anxious or stressed by family life
- Information and support about breastfeeding, baby feeding and healthy eating
- Family support team — if you need extra help
- Finding training, employment and benefits advice
- Advice and play activities to support your child's speech and language
- Local services for children with special educational needs and/or Disabilities, visit <http://localoffer.camden.gov.uk>



Family support



The Camden Family Early Help Service can give practical and emotional support for you and your children.

Call 0207 974 3317

or email LBCMASHAdmin@camden.gov.uk

More information here <https://www.camden.gov.uk/early-help-for-children-and-families>



Local legal advice



Domestic violence



There are lots of legal advice services in and around Camden who can help with immigration and asylum:

Camden Community Law Centre

Tel: 020 7284 6510

Website: <https://cclc.org.uk>

Advocate

Free legal assistance from volunteer barristers

Tel: (voicemail only)
020 7092 3960

Email: enquiries@weareadvocate.org.uk
<https://weareadvocate.org.uk>

CORAM Children's Legal Centre

One-off email advice from a specialist solicitor

Email: mcpadvice@coramclc.org.uk

Website: <https://www.childrenslegalcentre.com/get-legal-advice/immigration-asylum-nationality/advice-line>

Crossroads Women

For women who are seeking asylum, including those who may be separated from their children.

<http://crossroadswomen.net/what-we-do>

Just for Kids Law

For young people aged 10 to 25 who live in London, on a range of immigration issues.

Tel: 020 3174 2279
Email: info@justforkidslaw.org
<https://justforkidslaw.org>

Joint Council for the Welfare of Immigrants (JCWI)

Tel: 020 7251 8708
Email: info@jcwi.org.uk
Website: <https://www.jcwi.org.uk>
020 7553 7470

Rights of Women

Advice lines on immigration and asylum law for women.

Tel: 020 7490 7689

Email: info@row.org.uk

Website: <https://rightsofwomen.org.uk>

Latin American House

Immigration, asylum, nationality, detention, advice and casework, mainly (but not exclusively) for Latin Americans, Spanish and Portuguese speakers

Tel: 020 7372 8653
Email: info@casalatina.org.uk

Website: <https://casalatina.org.uk/legal-social-advice/benefits-housing-employment>

Camden Safety Net

Here to help survivors of domestic violence and their children. If you are in immediate danger, call the police on 999

Tel: 020 7974 2526

Email: camdensafetynet@camden.gov.uk
<https://www.camden.gov.uk/domestic-violence>

Hopscotch

Specialist support for Asian women experiencing violence or abuse

Tel: 020 8961 6549/ 5701

<http://www.hopscotchawc.org.uk>

National Domestic Abuse Helpline

Tel: 08082000247

Women's Aid Live Chat

If it's unsafe or you're unable to speak on the phone

<https://chat.womensaid.org.uk>

Men's Advice Line

Support for Male Victims and Survivors
08088010327

GALOP LGBT+ Domestic Abuse Helpline

02077042040 or 08009995428



Places to play and things to do



Camden has lots of things to do and places to go with children. Your nearest facilities are:

Playgrounds

Alexandra Road Park

600m – 3 playgrounds + football pitch

Kilburn Grange Park

900m – infant playground + adventure play + football / basketball

Paddington Rec

800m – infant + children's

Kilburn Library

12-22 Kilburn High Road, NW6 5UH

Book borrowing for adults, young adults and children, free bookable computers, Study Space and free online Digital Resources.

Swiss Cottage Leisure Centre

4a Adelaide Rd, NW3 3NF

Tel: 020 7974 2012

playground, multi-sport activities, children soft play, swimming children + adults, adult activity sessions incl gym

Camden Activity Map

Find free and low-cost activities around Camden from; youth clubs, outdoor gyms, sports clubs and more.

Ways to Move Resource

and local information package on fun ways to stay active in Camden

Accessible Camden Disability Activity Finder (Wiki Links)

Find social and fun activities around Camden.

Free Activities

9 Outdoor Gyms

[Kilburn Grange Park](#) is closest

Camden Health Walks

Free health walk through Camden throughout the week assisted by qualified walk leaders.

Free things to do in London

<https://www.visitlondon.com/things-to-do/family-activities/31-free-things-to-do-with-kids>



Places for young people



There are lots of centres for young people aged 11+ in Camden, who offer free things to do and enjoy.

Your nearest youth centres are:

Netherwood Youth and Family Hub

5 Netherwood Street, NW6 2QU

Tel: 020 7974 5003 / 1534

Email: vanessa.simon@camden.gov.uk or aaron.pownell@camden.gov.uk

SHAK Youth Club

Alexandra Resource Centre (Opposite 109 Rowley Way) NW8 OSW

Tel: 0207 624 8935

Email: arc@shakonline.co.uk

Lots more ideas for things for young people to do here

<https://www.camdenrise.co.uk/things-to-do>



Community centres



Camden has lots of community centres who help residents and have lots of activities and support.

Your nearest community centres are:

The Winch

21 Winchester Rd,
Belsize Park, NW3 3NR

Tel: 020 7586 8731

<https://thewinch.org>

activities, advice, support,
family help

Swiss Cottage Community Centre

19 Winchester Rd,
NW3 3NR

Tel: 020 7586 5272

<http://yourswiss.org>

information and activities

Abbey Community Centre

222C Belsize Rd,
NW6 4DJ

Tel: 020 7624 8378

<https://abbeycc-kilburn.org.uk>

advice, support and activities

Sidings Community Centre

150 Brassey Rd, NW6 2BA

Tel: 020 7625 6260

<http://sidings.org.uk>

Support, advice, signposting
and food support

Camden

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