

## Useful Contacts

Homecare Providers	Telephone	Email
Ark Homecare	0203 905 6980	
Bluebird Care	0207 449 0557	
Mihomecare	0333 121 7201	
MEARS	0208 987 5330	
Mayfair	0207 221 4400	
Hartwig Care	0207 916 7270	
Focus Care	0207 419 7419	
Lifecare	0208 221 4161	
Enterprise Care	0208 432 9512	
Dynamic People	0208 446 9091	
Carewatch Care Services	0203 764 2924	
Supporting Care	0207 538 1010	
Hopscotch Asian Women's Centre	0207 380 1019	

Chinese Housebound Project	0207 388 8883	
Oasis Care and Training	0207 639 6192	
Positive Care Link	0207 7296500	
Renaissance Personnel	0844 848 1411	

Health	Telephone	Email
Gospel Oak Nurses	0203 317 5915	
Hunter Street Nurses	0203 317 2309	
Belsize Priory Nurses	0203 317 5705	
Incontinence delivery service	0800 304 466	<a href="mailto:home.delivery@supplychain.nhs.uk">home.delivery@supplychain.nhs.uk</a>
Bladder and Bowel clinic	0203 316 8401	
Camden Memory clinic	0203 317 6584	
Central Access Therapy Team	0203 317 3400	
Reds/Rapids/Carelink	0203 317 3297; 07867804752; 07717858081	
Continuing Care	0203 317 5250	

CNWL- Camden Community Health	0203 317 3400	<a href="mailto:Camdenreferrals.cnwl@nhs.net">Camdenreferrals.cnwl@nhs.net</a>
Camden Memory Service	0203 317 6584	<a href="mailto:cim-tr.camdenmemoryservice@nhs.net">cim-tr.camdenmemoryservice@nhs.net</a>

GPs	Telephone	Email
Abbey Medical Centre	0207 604 2455	<a href="mailto:abbeymedical@nhs.net">abbeymedical@nhs.net</a>
Amphill Practice	0207 383 7333	<a href="mailto:amphill@nhs.net">amphill@nhs.net</a>
Adelaide Medical Centre	0207 722 4135	
Belsize Priory Medical Practice	0207 3288200	<a href="mailto:Reception.bpmp@nhs.net">Reception.bpmp@nhs.net</a>
Bloomsbury Surgery	0207 837 8559	<a href="mailto:thebloomsbury@nhs.net">thebloomsbury@nhs.net</a>
Brondesbury Medical Centre	0207 624 9853	<a href="mailto:bmcinfo1@nhs.net">bmcinfo1@nhs.net</a>
Brookfield Park Surgery	0207 263 9633	<a href="mailto:brookfieldpark@nhs.net">brookfieldpark@nhs.net</a>
Brunswick Medical Centre	0207 837 3057	<a href="mailto:brunswickmedicalcentre@nhs.net">brunswickmedicalcentre@nhs.net</a>
Caversham Group Practice	0207 428 5700	<a href="mailto:Caversham.practice@nhs.net">Caversham.practice@nhs.net</a>
Cholmley Gardens Medical Centre	0207 794 6256	<a href="mailto:cholmley.gardens@nhs.net">cholmley.gardens@nhs.net</a>
Covent Garden Medical Centre	0207 379 7209	

Camden Health Improvement Practice	0203 182 4200	<a href="mailto:chip@nhs.net">chip@nhs.net</a>
Daleham Gardens Health Centre	0203 112 0800	
Fortune Green Practice	0207 472 5970	<a href="mailto:fortunegreenpractice@nhs.net">fortunegreenpractice@nhs.net</a>
Four Trees Surgery	0207 485 6104	<a href="mailto:fourtrees@nhs.net">fourtrees@nhs.net</a>
Gower Street Practice	0207 467 6800	
Grays Inn Road Medical Centre	0207 405 9360	<a href="mailto:Graysinnmedical@nhs.net">Graysinnmedical@nhs.net</a>
Hampstead Group Practice	0207 435 4000	
Holborn Medical Centre	0203 077 0044	
James Wigg Practice	0207 428 4555	<a href="mailto:jameswiggpractice@nhs.net">jameswiggpractice@nhs.net</a>
Keats Group Practice	0203 435 4672	
Kings Cross Road Surgery	0207 278 9074	<a href="mailto:kingscrosssurgery@nhs.net">kingscrosssurgery@nhs.net</a>
Museum Practice	0207 405 2739	<a href="mailto:museumpractice@nhs.net">museumpractice@nhs.net</a>
Park End Surgery	0207 435 7282	<a href="mailto:parkend.surgery@nhs.net">parkend.surgery@nhs.net</a>
Parliament Hill Medical Centre	0207 482 9280	
Primrose Hill Surgery	0207 722 0038	
Prince of Wales Group Practice	0207 267 0067	

Prince of Wales Surgery (Dr Matthewman)	0207 284 3888	<a href="mailto:p.matthewman@nhs.net">p.matthewman@nhs.net</a>
Queens Crescent Surgery	0207 485 6104	<a href="mailto:queenscrescentsurgery@nhs.net">queenscrescentsurgery@nhs.net</a>
Regents Park Practice	0207 388 4474	<a href="mailto:rpp@nhs.net">rpp@nhs.net</a>
Ridgmount Practice (formerly Gower Place Practice)	0207 387 6306	<a href="mailto:gpp@nhs.net">gpp@nhs.net</a>
Rosslyn Hill Surgery	0207 435 1132; 0207 435 8158	
Somers Town Medical Centre	0207 387 6855	
Swiss Cottage Surgery	0207 722 2772	<a href="mailto:swisscottagesurgery@nhs.net">swisscottagesurgery@nhs.net</a>
St Philips Medical Centre	0207 6115131	<a href="mailto:spmc@nhs.net">spmc@nhs.net</a>
West Hampstead Medical Centre	0207 431 1588	<a href="mailto:whmc@nhs.net">whmc@nhs.net</a>

Miscellaneous	Telephone	Email
Safeguarding Police	0208 733 6016	
MASH Police Camden	0203 276 2480	

Safeguarding domestic violence	0208 733 6468	
MASH Camden Children's	0207 974 3317	
Camden Repairs Manager	0207 974 3232	
Floating Support Service	0207 974 5366	<a href="mailto:FSSreferrals@camden.gov.uk">FSSreferrals@camden.gov.uk</a>
Camden and Islington Wheelchair Service	0203 317 5040	<a href="mailto:Candi.wheelchairservice@nhs.net">Candi.wheelchairservice@nhs.net</a>
Big Word Telephone Interpreter	0800 757 3025/6 access code: 86701652	
Careline Telecare	0207 974 1491	<a href="mailto:carelineadmin@camden.gov.uk">carelineadmin@camden.gov.uk</a>
WISH Plus	0207 974 3012	<a href="mailto:wish@camden.gov.uk">wish@camden.gov.uk</a>
Accessible Transport	0207 974 5919; 0207974 6435	

Voluntary Sector Organisations/services	Telephone	Email
British Red Cross	0203 317 3378 07956234899	<a href="mailto:Camden@redcross.org.uk">Camden@redcross.org.uk</a>
Age UK Camden Information and Advice	0207 837 3777	<a href="mailto:duty@ageukcamden.org.uk">duty@ageukcamden.org.uk</a>
Camden Carers Service	0207 428 8950	<a href="mailto:referrals@camden carers.org.uk">referrals@camden carers.org.uk</a>
Henna Asian Women's Group	0207 372 9860	<a href="mailto:info@hennaorg.co.uk">info@hennaorg.co.uk</a>

Surma Community Centre	0207 388 7313	<a href="mailto:info@bwa-surma.org.uk">info@bwa-surma.org.uk</a>
Laundry Maid Easy	0208 482 6367	
Meals on Wheels / London Independent Living	0333 344 4806	<a href="mailto:info@lils.org.uk">info@lils.org.uk</a>
Specsavers Free Home Eye Test (for over 60s)	08000 890 188	
London Society For Blind Children	020 3198 0225	<a href="mailto:enquiries@rsbc.org.uk">enquiries@rsbc.org.uk</a>
Stroke Association	07717 275 828	<a href="mailto:Cameron.Smillie@stroke.org.uk">Cameron.Smillie@stroke.org.uk</a>
Hoarding UK	020 3239 1600	<a href="mailto:info@hoardinguk.org">info@hoardinguk.org</a>
Shapes HIV	020 7183 7121	<a href="mailto:hello@shapeswellbeing.com">hello@shapeswellbeing.com</a>
Free Space Project		<a href="mailto:info@freespaceproject.org">info@freespaceproject.org</a>
Ageing Better in Camden	0207 239 0400	<a href="mailto:ageingbetterincamden@ageukcamden.org.uk">ageingbetterincamden@ageukcamden.org.uk</a>
Action for Blind People (helpline)	0303 123 9999	<a href="mailto:helpline@rnib.org.uk">helpline@rnib.org.uk</a>
Action on Hearing	0808 808 0123	<a href="mailto:informationline@hearingloss.org.uk">informationline@hearingloss.org.uk</a>
Advocacy Project	0208 969 3000	<a href="mailto:info@advocacyproject.org.uk">info@advocacyproject.org.uk</a>
Adfam	0203 227 4959	<a href="mailto:admin@adfam.org.uk">admin@adfam.org.uk</a>
Alzheimer's Society Camden Branch	020 7833 8369	<a href="mailto:enquiries@alzheimers.org.uk">enquiries@alzheimers.org.uk</a>
Antidote	0207 833 1674	<a href="mailto:antidote@londonfriend.org.uk">antidote@londonfriend.org.uk</a>

Arts4dementia	0207 520 1492	<a href="mailto:info@arts4dementia.org.uk">info@arts4dementia.org.uk</a>
Arthritis Care (helpline)	0808 800 4050	
Blind Aid		<a href="mailto:enquiries@blindaid.org.uk">enquiries@blindaid.org.uk</a>
British Heart Foundation (helpline)	0300 330 3311	<a href="mailto:internet@bhf.org.uk">internet@bhf.org.uk</a>
Bipolar UK Camden Self Help Group	0207 931 6480	<a href="mailto:info@bipolaruk.org">info@bipolaruk.org</a>
Camden Chinese Community Centre	0207 388 8883	<a href="mailto:info@camdenccc.co.uk">info@camdenccc.co.uk</a>
Camden Cypriot Women's Centre	0207 267 7194	<a href="mailto:Koula@ccwo.org.uk">Koula@ccwo.org.uk</a>
Camden Somali Cultural Centre	020 7372 6101	<a href="mailto:info@somaliculturalcentre.org">info@somaliculturalcentre.org</a>
Camden Hub	0207 278 4437	<a href="mailto:contact@camdenhub.org.uk">contact@camdenhub.org.uk</a>
Camden Listening and Counselling Service	0207 482 6200	<a href="mailto:camdenlistening@yahoo.co.uk">camdenlistening@yahoo.co.uk</a>
Camden People First	0207 388 2007	<a href="mailto:info@camdenpeoplefirst.co.uk">info@camdenpeoplefirst.co.uk</a>
Diabetes UK	0207 424 1001	<a href="mailto:info@diabetes.org.uk">info@diabetes.org.uk</a>
Disabled Living Foundation (helpline)	0300 999 0004	<a href="mailto:helpline@dfli.org.uk">helpline@dfli.org.uk</a>
Friends of the Elderly	0207 730 8263	<a href="mailto:enquiries@fote.org.uk">enquiries@fote.org.uk</a>
London Irish Centre	0207 916 2222	<a href="mailto:info@londonirishcentre.org">info@londonirishcentre.org</a>
Mind in Camden	0207 485 0842	<a href="mailto:admin@mindincamden.org.uk">admin@mindincamden.org.uk</a>



Nafsiyat (intercultural therapy)	0207 561 1884	<a href="mailto:admin@nafsiyat.org.uk">admin@nafsiyat.org.uk</a>
National Osteoporosis Society	0808 800 0035	<a href="mailto:info@nos.org.uk">info@nos.org.uk</a>
Nordoff Robbins (music therapy)	0207 267 4496	<a href="mailto:admin@nordoff-robbins.org.uk">admin@nordoff-robbins.org.uk</a>
North London Cares	0207 118 3838	<a href="mailto:roxanne.rustem@northlondoncares.org.uk">roxanne.rustem@northlondoncares.org.uk</a>
Parkinson's UK (helpline)	0808 800 0303	<a href="mailto:hello@parkinsons.org.uk">hello@parkinsons.org.uk</a>
Rethink Mental Health (advice & info service)	0300 5000 927	<a href="mailto:info@rethink.org">info@rethink.org</a>
Solace Women's Aid	0808 802 5565	
Third Age Project	0207 383 4922	<a href="mailto:info@thirdageproject.org.uk">info@thirdageproject.org.uk</a>
The Silver Line	0800 4708090	<a href="mailto:info@thesilverline.org.uk">info@thesilverline.org.uk</a>

Sheltered Housing	Telephone	Email
<b>HAMPSTEAD AND SWISS COTTAGE AREA</b>		
Argenta House	0207 479 5465	
Henderson Court	0207 435 6813	

Monro House	0207 794 4962	
Robert Morton House	0207 328 4312	
Rose Bush Court	0207 586 1899	
Spencer House	0207 722 5420	
Waterhouse Close	0207 435 0306	
<b>GOSPEL OAK AREA</b>		
Ashdown Crescent	0207 485 5411	
Cressfield Close	0207 485 0579	
Denton Tower	0207 267 4252	
<b>KENTISH TOWN AND HIGHGATE AREA</b>		
Ashton Court	0207 485 9538	
Greenwood	0207 485 2108	
91 and 119 Highgate Road	0207 267 7526	
Makepeace Avenue	0208 348 5634	

Mary Webster House	0207 485 5560	
Rackstraw House	0207 722 6862	
Sage Way	0207 278 6434	
<b>HOLBORN AND BLOOMSBURY AREA</b>		
Akbar House	0207 494 7170	
Dudley Court	0207 240 8989	
Jubilee House	0207 833 0611	
Millman Street	0207 831 2893	
The Brunswick Centre	0207 833 1989	
Shan House	0207 940 6656	
<b>KILBURN AND WEST HAMPSTEAD AREA</b>		
Burrard and Ingham Road	0207 435 0698	
Cleve Road	0207 624 3187	
Kingsgate Road	0207 624 3121	
Lauriston Lodge	0207 328 8561	

Lymington Road	0207 431 0195	
Philip House	0207 328 6879	
Spring Court	0207 372 6035	
Sycamore Court	0207 328 8746	
Vivian Court	0207 624 7469	
Webheath	0207 328 4768	
<b>CAMDEN TOWN AND REGENTS PARK AREA</b>		
Cherry Tree Court	0207 482 0611	
Clyde Court	0207 383 3193	
Esther Randall Court	0207 388 8257	
Hampstead Road	0207 388 8569	
Monica Shaw Court	0207 383 3193	
Oldfield Estate	0207 722 0157	
Pennethorne House	0207 383 3193	
<b>EXTRA CARE SHELTERED HOUSING</b>		

Mora Burnet House	0207 722 9069	
Gospel Oak Court	0207 424 6700	
Roseberry Mansions	0208 821 4478	
Esther Randall Court	0207 388 8257	

Resource/Day Centres	Telephone	Email
Charlie Ratchford Resource Centre	0207 485 2968	
Great Croft Resource Centre	0207 278 5090	<a href="mailto:Greatcroft@ageukcamden.org.uk">Greatcroft@ageukcamden.org.uk</a>
Henderson Court Resource Centre	0207 794 6588	<a href="mailto:Hcourt@ageukcamden.org.uk">Hcourt@ageukcamden.org.uk</a>
Hillwood Resource Centre	0207 387 7628	
Kingsgate Resource Centre	0207 624 8818	
Millman Street Resource Centre	0207 405 2493	<a href="mailto:admin@holborncommunity.co.uk">admin@holborncommunity.co.uk</a>
Marchmont Street Community Centre	0207 278 5635	

**GUIDANCE FOR MANAGEMENT OF PATIENTS WITH MENTAL HEALTH PROBLEMS**

**Patient presenting to GP with suspected Mental Health presentation:** undertake brief mental health and physical health assessment to establish need and appropriate service to refer to: 1<sup>st</sup> line considerations in line with NICE guidelines for Primary Care. Most common presentations will be for relationship difficulties/mood instability/anxiety/depression. 1<sup>st</sup> line referrals to iCope or TAP. Also consider 1<sup>st</sup> line treatments of SSRI

Presentation	Crisis presentation: Risk to themselves and/or to others and requiring immediate attention	Common mental health conditions Anxiety, Depression, OCD, Body dysmorphic disorder Pre/Post natal depression, PTSD, Social isolation, Relationship difficulties, Persistent pain or MUS	Psychosis If 1 <sup>st</sup> episode refer to Early Intervention in Psychosis service If known previously/ ongoing, recurrent psychosis then refer to RR Team	Patient requiring an assessment for an emerging mental health problem which has not responded to 1 <sup>st</sup> line referral to iCope or TAP +/- 1 <sup>st</sup> and 2 <sup>nd</sup> line SSRIs.	Substance and/or Alcohol Misuse	Dementia	Social Care needs Safeguarding
Refer to:	Camden Crisis Resolution Home Treatment Team 0203 317 6333	Camden iCope 0203 3176 670 <a href="mailto:cim-tr.icopecamden@nhs.net">cim-tr.icopecamden@nhs.net</a>  OR  TAP 020 8938 2703 or email <a href="mailto:TAPAdmin@Tavi-Port.nhs.uk">TAPAdmin@Tavi-Port.nhs.uk</a>	Early Intervention in Psychosis Service (Camden) <a href="mailto:cim-tr.CamdenEIS@nhs.net">cim-tr.CamdenEIS@nhs.net</a> 020 3317 6590  North Camden R+R Team(The Hoo) <a href="mailto:cim-tr.northcamdenrandr@nhs.net">cim-tr.northcamdenrandr@nhs.net</a> 020 7685 4600  South Camden R+R Team(Peckwater) <a href="mailto:cim-tr.SCRR@nhs.net">cim-tr.SCRR@nhs.net</a> 0203 317 6700	Camden Assessment and Advice Team 0203 317 7300 <a href="mailto:cim-tr.aat-referrals@nhs.net">cim-tr.aat-referrals@nhs.net</a>	Integrated Camden Alcohol service (iCAS) 7-8 Early Mews, Arlington Rd, NW1 7HG 020 3227 4950  Camden Drug Services North: 020 3317 6400 <a href="mailto:cim-tr.response@nhs.net">cim-tr.response@nhs.net</a> Camden Drug Services South: 020 3317 6000 <a href="mailto:cim-tr.scds@nhs.net">cim-tr.scds@nhs.net</a>	Camden Memory Service 020 3317 6700 <a href="mailto:cim-tr.camdenmemoryservice@nhs.net">cim-tr.camdenmemoryservice@nhs.net</a>	Access and Response Team (LOCAL AUTHORITY) 020 7974 4000 (Access and Support Team)  Out of hours 020 7974 4444 020 7974 5822 (f)
Timeli	Assessment within 24 hours	Assessment within 28 days	Assessment within 28 days	Assessment within 21 days.	Assessment within a week	Assessment within two weeks	Safeguarding: within 72 hours

**Primary Care Based Management and follow-up (GPs)**

- Allocation of Practice based named care coordinator (GPs, PN, Support worker). Each Practice should have a allocated GP with Special Interest in MH where discussion, concerns and risk are raised on a monthly basis or allocated set time.
- Joint Care Planning (GP, Pt & Carers, Secondary Care/ SW (if involved), Local services, any others involved in pts care that they would like to be appropriately involved).
- Antipsychotic / psychiatric meds/ depot injection management and reviews as per NICE guidelines <http://guidance.nice.org.uk/CG178>

**GP Monitoring and review of care plans for patients with mental health problems can be reviewed by any of the identified care co-ordinators**

Frequency	Once monthly	3 monthly	6 monthly	Yearly
Criteria as per: EMISweb, CCG server reporting, Care Planning, NHS Bradford District mental /physical reporting and NICE guidelines	Review Medication Risk assessment	Concordance Following up referrals Risk assessment	Psycho-social assessment: Health and social care Living Financial Factors which may increase risk	Invite everyone on the Register for annual physical / MH review inc. baseline and medication ensure feedback and discussion of results Risk Assessment