

North Central London (NCL) - Children and Young People

Where to get urgent mental health support For Professionals

NCL Out of Hours Crisis Team

PLEASE NOTE, THIS NUMBER IS FOR PROFESSIONALS ONLY

If you are a professional in Barnet, Camden, Enfield, Haringey or Islington (e.g. GP, school staff, social care worker) and you are worried that a child or young person is in mental health crisis, you can call the NCL Out of Hours Crisis team for advice between 9am and midnight, Monday to Sunday:

020 3758 2056

Children and Young People's Mental Health Services (or CAMHS)

If a child or young person is currently being supported by mental health services for children and young people (CAMHS), they or you can contact their clinician or the CAMHS duty number for the team during office hours (Monday to Friday 9am to 5pm).

- For Islington CAMHS the duty number is:
020 7527 3355
- For Barnet CAMHS the duty number is:
0208 702 4500
- For Haringey CAMHS the duty number is:
0208 702 3400
- For Enfield CAMHS the duty number is:
0208 702 5100
- For Camden CAMHS:
 - If open to and have an allocated CAMHS Clinician in South Camden CAMHS, the duty number is: **020 8938 2700**
 - If open to and have an allocated CAMHS Clinician in North Camden CAMHS, the duty number is: **020 8938 2232**

If unsure which Camden CAMHS you are open to, please ring either number and state your allocated CAMHS Clinician.

 - If not open to Camden CAMHS and do not have an allocated CAMHS Clinician, please use the above 24/7 mental health crisis support line (**0800 151 0023**)

Out of hours and at weekends, families should contact the mental health crisis support line on **0800 151 0023**.

24/7 mental health crisis support line

Children and young people aged under 18 in crisis and living in Barnet, Camden, Enfield, Haringey or Islington, or their parents or carers, can call the mental health crisis support line available 24 hours a day, seven days a week on **0800 151 0023**.

Accident and Emergency Department (A&E)

If a child or young person needs emergency medical help, is seriously ill or their life is at risk, then call 999 or take them to the nearest Accident & Emergency (A&E).