



Spear Programme

Looking for work?

spear
camden


a resurgo
partner

Is it for me?

The Spear Programme is a free interactive course to help you overcome any challenges you face and get into work or education



We work with young people from all backgrounds facing barriers to employment.

What's in it for me?



Spear Foundation:

Six weeks of coaching within a fun and friendly community, designed to:

- get you into work or education
- improve your confidence
- help you develop an impressive CV
- provide interview training & practice
- offer job and training opportunities



Spear Career:

A year of coaching to fast-track your career, including:

- 12 months of personalised support
- job application workshops
- access to exclusive job opportunities
- regular catch-ups with your Coach

The Spear Programme is an initiative of Resurgo Trust

Spear stories

▶▶▶▶▶ Nicole

"My dad was an alcoholic, and I never really had friends in school. I ended up developing severe depression. I felt so hopeless and worthless... I attempted suicide in Year 12. On the Spear Programme, I gained a lot of self esteem, and it opened me up to a whole new world of employment. Now, I am actually a completely different person. I feel like what I say matters. Spear is life-changing; it reminds you that you do have a place in the world and society - you're not just on your own."



Nicole is now working as an Apprentice Fibre Specialist with G.Network, and is a Youth Ambassador for the Spear Programme.

Programme start dates

Register online or text your local
centre for more info
(see over for details).



*All programmes are delivered in
accordance with latest Covid19
government guidance.*



Sign up: joinspear.org

Camden

Call: 020 3475 0428

Text: 07587 957 427

Lighthouse London
Finchley Road
London NW3 5HT

*Spear Camden is overseen
by The Lighthouse London
Community Trust, registered
charity 1156643.*

Bethnal Green

Call: 020 3475 0432

Text: 07496 567 055

Clapham Junction

Call: 020 3475 0424

Text: 07802 884 460

Hammersmith & Fulham

Call: 020 8748 5824

Text: 07837 790 714

Islington

Call: 020 3475 0426

Text: 07375 485 344

Kennington

Call: 020 7352 4266

Text: 07802 723 315

North Kensington

Call: 020 3745 1349

Text: 07754 854 113

What our trainees say...



“Thanks to Spear, I am a completely different person. I’ve been sober for about six weeks now, my prospects are looking great, and my future is so much brighter.”

Ethan, Spear Brighton

“I went from not being able to talk and having an anxiety attack simply hearing my name from a coach’s mouth, to confidently communicating with the coaches.”

Tiago, Spear Clapham Junction

“Without Spear, I wouldn’t have had the confidence to apply for my current role. Their support and guidance made me realise I am capable of chasing my dreams.”

Miski, Spear North Kensington

The Spear Programme sign up form

First name

Surname

Date of birth

Phone number

Email address

Preferred
centre

Bethnal Green

Islington

Camden

Kennington

Clapham Junction

North

Hammersmith &
Fulham

Kensington

Preferred
start date

13 Sept

1 Nov

10 Jan

By giving us your details, you are agreeing that you can be contacted by email and phone regarding the Spear Programme. We promise not to pass your details on to any third party. Your information will be stored and used in line with our privacy policy: resurgo.org.uk/privacy. Please contact us if at any point you no longer wish to hear from us.