# Camden fostering

# Training Brochure 2022



"In memory of Sally Joseph who was a gift to many while she brought passion & significance to the lives of children."



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### 1.Introduction



Welcome to the Camden Fostering Service training programme 2022.

2021 Continued to challenge all the Camden Foster Carers in many ways due to the extraordinary circumstances we found ourselves in.

One big challenge was the Camden training usually undertaken face to face had to continue to be a virtual affair and the Camden foster carers must be celebrated for making the transitions and maintaining their training throughout 2021. All training for 2022 has been planned for face to face subject to any changes. We hope you can join us in making this transition.

Camden remains committed to providing high quality learning and development opportunities that are relevant to the demanding and evolving nature of the complex work you undertake with our Looked After Children. We aim to offer training that is stimulating, challenging and enhances your existing skills set. We are excited to be working together with a range of training providers this year including commissioning bespoke training via the Camden Child and Adolescent Mental Health Service (CAHMS) and welcoming back Attachment and Relationship based training which is at the core of all placements. Similar to 2021, further presentations/trainings will be introduced throughout the year and you will be notified of this. I would ask that you use the opportunity of feedback forms from training sessions to advise on further information/training you wish to partake in.

The Camden Fostering Service takes a developmental approach to its learning and works alongside their foster carers to create an annual personal development plan PDP that provides a formal & systematic means of identifying your development needs to improve your knowledge, skills & training aspirations. This will be done in collaboration with supervising social workers that is reviewed and updated as part of the annual review process. We encourage our foster carers to take responsibility for their professional development and work actively alongside The Fostering Service in mapping your learning needs as part of the ongoing supervisory support relationship.

For newly approved foster carers, this plan will also include the requirement to complete the Training, Support and Development Standards (TSDS) workbook within the first 12 months of their initial approval (18 months for Family and Friends Foster Carers).

Support will of course be provided via your SSW and TSDS sessions throughout the year will be announced.

Camden foster carers will need to complete four trainings annually to meet the minimum training standards. This will include core statutory trainings that carers complete every 1-3 years as part of their ongoing approval process and

evidenced as part of their Personal Development Plan as part of your fostering annual review.

Please be creative with your learning, watching programmes, reading literature, or listening to podcast or audio books, these are a few of the suggestions. Please ensure you discuss completed training with your SSWs and update in your PDPs.

Foster carers who work in full-time employment will be expected to plan with their SSW, using the yearly annual fostering brochure to register for group training as well as online training to support the balance work life balance.

Foster carers who live a considerable distance away are encouraged to attend at least two direct training in Camden and the remainder completed online. Training in foster carers communities could be explored with the support of your supervising social workers on any individual basis. Also, training completed through your employment will also be recognised as it relates to fostering.

We appreciate that fostering can be unpredictable and as such are offering training that is accessible and allows foster carers to prioritise their training requirements alongside their fostering commitments. We encourage joint learning as the mutual support that is achieved via foster carers coming together to share experiences and learn from one another is incomparable. To this end, different support groups are on offer for all our foster carers to attend which tailor to the varied age ranges of children cared for and gives the opportunity for one to hear from the numerous experienced foster carers Camden have the pleasure of supporting.

Thank you for investing in your development in 2021/22. We wish you every success with your upcoming year in fostering and welcome any feedback and suggestions for further learning and development opportunities you might need.

N.B. As we return to face-to-face training, we must plan what normal is in this unique period of our lives. Our preparations for face-to-face training will take some effort from each one of us to ensure we keep each other safe. We will ensure we have large rooms and sensible numbers to allow for social distancing and we will all have to wear masks when moving around especially during periods where transmission is high. When we identify any symptoms may we please follow the guidelines and isolate until we have received a test result.

We would also like to encourage you to take lateral flow test on your training days, you can book these through the NHS and/or Camden websites and test could be received within 48 hours.

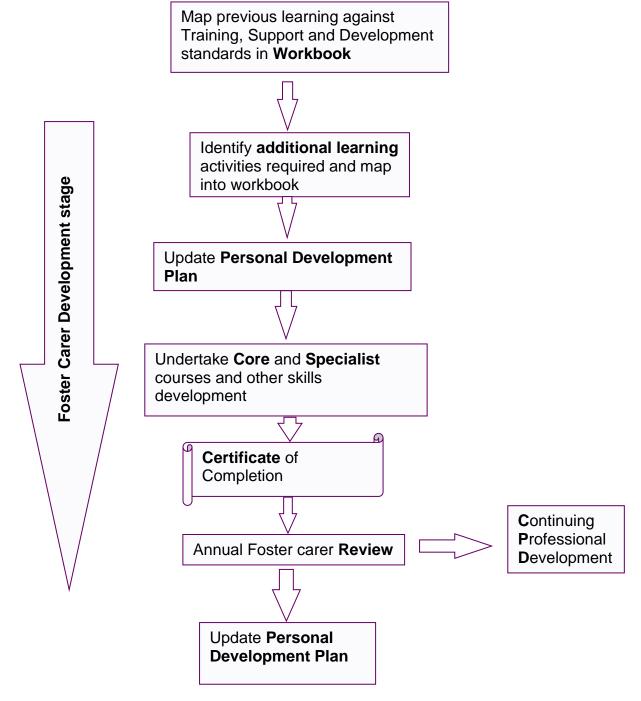
\*All face-to-face training is subject to change.

#### **Camden Fostering Service**



2. Learning & Development Pathway Mapping





# 3. Camden Core and Mandatory Training



The Camden core training subjects to be completed every three years are:

- Child Protection
- Recording & Sharing Information
- Paediatric First Aid
- Child Sexual Exploitation
- Behaviour Management/Managing Challenging Behaviour
- Attachment and Relationship based
- Total Respect Training

The Camden mandatory training subjects are:

- · Missing from Care
- Memory box building and life story work
- Delegated Authority and The National Minimum Standards
- NVR

Within the first year of fostering Training Support Development Standards Workbook to be completed by foster carers.

Carers are required to undertake a minimum of 20 hours learning and development.





# GCSE Options & supporting a LAC key Stage 4

Trainer: Samuel Denham

Applicable to: All foster carers ✓

1/2 Day Course

#### **Aims and Objectives:**

 GCSE: To identify the key points across secondary school and develop an understanding of how best to support their young people in achieving their potential.

#### **Learning Outcomes:**

This course will enable participants:

- To have an increased knowledge and understanding of GCSE
- To understand how to best support their foster children
- To support the children in preparing themselves for their GCSEs

#### **Training Support and Development Standards:**

2, 2.5, 4.1, 5.3, 5.4, 5.5 National Minimum Standards: 8.1, 8.2, 8.3, 8.4, 8.6, 8.7

#### **Training Details:**

Date: Wednesday 19 January 2022
Time: 10.30 – 12.30pm
Location: Crowndale Centre



### **Self-Esteem & Emotional Development**

Trainer: Niall Walshe

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

- To better understand self-worth, its impact on life, behaviour patterns of low self-worth, determined factors, behaviour, and benefits of a healthy self-worth.
- Causes of low self-worth, what can damage self-worth in the home and in life in general to build trust.
- The basic principles of raising self-worth, a new way of thinking and crucial relationships.
- Dealing with Challenging behaviour.
- The relationship between food and self-worth.
- Teenagers, believing in themselves!

#### **Learning Outcomes:**

This course will enable participants:

- To have an increased knowledge and understanding of Self-worth
- To acknowledge their own self-worth values.
- How self-worth encompasses the various emotions including a young person managing their emotions.
- Applying understanding of self-worth issues into everyday practice with children that are fostered.
- An explanation of how to use the book to be given to enable teenagers to get the most out of it.

#### **Training Support and Development Standards:**

1.3, 3.3, 4.1,

#### **National Minimum Standards:**

2.1, 2.2, 3.7, 4.5, 6.1, 6.3, 8.1

#### **Training Details:**

Date: Wednesday 26 January 2022

Time: 9.30 - 2.00pm Location: Crowndale Centre

#### **FEBRUARY 2022**

### Safer Caring

Trainer: Jonathan Epps

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

This course will enable carers to develop strategies, knowledge and understanding that ensure safer caring for youngsters, the public and themselves

#### **Learning Outcomes:**

This course will enable participants to:

- Have a clear understanding of the reasons why a foster child or young person may make a false allegation against them or someone in their family
- Be clear about why allegations always need to be taken seriously
- Be clear about where to go for support, information and advice following an allegation
- Have obtained a thorough understanding of the 2011 National Minimum Standards for Fostering Services in relation to agency procedures on allegations
- Have developed strategies that can be used to minimise the risk of an allegation being made against them and/or their family
- Be clear about what needs to be included in their safer caring household rules
- Be able to complete a 'risk assessment plan' with their supervising social worker on the specific foster child or young person placed with them

#### **Training Support and Development Standards:**

3.4, 6.1, 6.2, 6.3, 6.4, 7.2, 7.3

#### **National Minimum Standards:**

3.5, 3.7, 3,8, 3.9, 4.1, 4.2, 4.4, 4.6

#### **Training Details:**

Date: Tuesday 22nd February 2022
Time: **10.00 am – 14.30pm**Location: Crowndale Centre



# **Supporting Carers in managing Teenagers**

Trainer: James Blewitt

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

To better understand how children may exhibit challenging behaviour due to their early life experiences and then model what they have observed and heard and be impacted by how they have interacted with their parents/carers.

To learn behaviour management techniques or strategies which enforce positive behaviour in children, such as focusing on making connections with a child, discussing issues affecting them and setting rules.

#### **Learning Outcomes:**

This course will enable participants:

- To have an increased knowledge and understanding of children's presenting behaviours
- To acknowledge the importance of understanding early life experiences
- Applying strategies and techniques into everyday practice with children that are fostered.

#### **Training Support and Development Standards:**

1.1, 1.2, 1.3, 2.3, 3.4, 4.1, 5.1 National Minimum Standards: 1.1, 2.2, 3.7, 4.5, 6.1, 6.3, 8.1

#### **Training Details:**

Date: Tuesday 8<sup>th</sup> March 2022 Time: 10:00 am – 1:00 pm Location: Crowndale Centre



### Strategies for De-escalating Anger & Aggression

Trainer: Jonathan Epps

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

Identify the different stages of an aggressive incident or behaviour and a range of strategies for

de-escalating and managing anger

#### **Learning Outcomes:**

- By the end of the course participants will:
- Have explored what the difference is between anger, aggression and assertiveness and have gained awareness of their own anger 'triggers.'
- have a clear understanding of the physical sensations linked to anger
- identified ways in which they can manage their responses and feelings arising from the aggression and challenging behaviours children and young people display
- Gained an understanding of the area of the brain known as the amygdala and its relevance to the 'fight-flight' response in children and young people
- Be conversant with Kaplan and Wheeler's six-stage de-escalation model of a violent incident
- Developed practical anger management strategies (including assertiveness) that they can teach to the children and young people they foster

#### **Training, Support and Development Standards:**

3.4 a, b, c, 4.1 a, b, c, 4.2 a, b, 7.3 b, c, d

#### **National Minimum Standards:**

#### **Training Details:**

Date: Wednesday 9<sup>th</sup> March 2022 Time: 10:00 am – 3:00 pm Location: Virtual



### **Basic Life Support**

Trainer: UNICARE Support

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

This course will provide basic life support training.

#### **Learning Outcomes:**

#### Knowledge of the following:

- · Dealing with unconscious paediatric breathing
- · Dealing with unconscious paediatric not breathing.
- · Awareness of AED
- Dealing with paediatric anaphylactic cases

#### **Training Support and Development Standards:**

3.3, 3.4.

#### **National Minimum Standards:**

6.1, 6.2, 6.4, 6.5, 6.7, 6.8, 6.9, 6.10, 6.11

#### **Training Details:**

Date: Thursday 24<sup>th</sup> March 2022 Time: 10.00am – 14.30pm Location: Crowndale Centre

### Safeguarding: Child Protection

Trainer: Rahana Hussain

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

To gain an understanding of core procedures and aspects of abuse that will assist in understanding children, their experiences, and the processes of safeguarding.

#### **Learning Outcomes:**

This course will allow the participants to:

- Explore the concept of safeguarding, child protection
  - Understand thresholds and referrals.
- Examine the role for a carer in safeguarding processes including a CP conference.
- Exploring child sexual exploitation in the family and the community: the links to neglect and DV/domestic abuse.
  - Understanding the process of grooming.

#### **Training Support and Development Standards:**

2.4, 2.5, 3.4, 4.1, 4.4, 5.6, 5.7, 6.2, 6.3, 6.4, 6.5, 7.2,

#### **National Minimum Standards:**

1.4, 3.1, 3.4, 3.6, 3.7, 3.9, 4.1, 4.2, 4.4, 4.6

#### **Training Details:**

Date: Wednesday 20<sup>th</sup> April 2022 Time: 10:00 am – 2:30 pm Location: Virtual or group TBC



# Attachment and Relationship-based Training

Trainer: Professor David Schemmings OBE PhD

Applicable to: All foster carers ✓

2 Day Course

#### **Aims and Objectives:**

#### Day 1

Understanding Attachment
Understanding Mentalisation
Introducing Ways of Understanding Younger Children's Worlds

#### Day 2

Assessing Unresolved Loss/Trauma
Ways of Understanding Older Children's Worlds
The central importance of Relationship Skills
Moving from Assessment to Helping and Supporting children

#### **Learning Outcomes:**

- By the end of the 3-day course participants will:
- Understand and appreciate how to bring knowledge of attachment theory and research into foster care and better understand traumatised children's responses:
- Be more confident when working with traumatised children

#### **Training, Support and Development Standards:**

2.1, 2.5 and 4.5

#### **National Minimum Standards:**

3.3, 3.7, 6.1, 6.8, 6.11

#### **Training Details:**

Date: Wednesday 18th & Thursday 19th May 2022

Time: 10:00 am – 3:00 pm Location: Virtual



### Awareness & impact of Race, Culture & Belief Systems in Multi-Racial Placements.

Trainer: Rahana Hussein

Applicable to: All foster carers ✓

1 Day Course

#### Content:

This course will aim to explore issues in offering multi-racial placements to children and young people. The course will help identify what matters in offering care and support to children from different backgrounds, cultures, and faith systems.

#### **Learning Outcomes:**

By the end of the training participants will have.

- Explore the importance of culture, race and belief systems and their impact on children and families lives.
- Identify their own values and understanding of diversity issues and why this matter when looking after children.
- Describe how identity and experience, both subtle and obvious, impacts on our lives and apply this to everyday practice.
- Apply a deeper understanding of bias within placement and examine the effect on care being provided.

#### **Training, Support and Development Standards:**

1.1, 1.2, 1.3, 1.4, 4.1, 4.2, 4.5

#### **National Minimum Standards:**

1.1, 1.2, 1.4, 3.2, 6.1, 13.6

#### **Training Details:**

**Date**: Wednesday 25<sup>th</sup> May 2022 **Time:** 10:00 am – 12:00 pm virtual

Location:



#### **JUNE 2022**

### **Total Respect**

Trainer: Elzbieta Chandrasena

Applicable to: All foster carers ✓

1 Day Course

#### Content:

Total Respect is unique as it is prepared and delivered by ex-care leavers and social workers. The training is thought provoking and beneficial to a wide group of staff and carers in Camden. The course will focus on the importance of listening to children and young people and involving them in planning and decision making.

Learning Outcomes:

By the end of the training participants will have.

- Develop an understanding of effective listening from the perspective of young people.
- Gained a clearer understanding of the roles and responsibilities of foster carers to ensure the implementation of effective listening when caring for children and young people.
- Consider how to improve involvement of young people in their care planning, in policy development and effective advocacy.
- Draw on messages from young people and the meanings they have in decision making about their life.

#### **Training, Support and Development Standards:**

1.1, 1.2, 1.3, 1.4, 4.1, 4.2, 4.5

#### **National Minimum Standards:**

1.1, 1.2, 1.4, 3.2, 6.1, 13.6

#### **Training Details:**

**Date**: Wednesday 15 June 2022 **Time**: 10:00 am – 3:00 pm Group **Location**: Virtual or Group TBC

# Caring for Children & Young People affected by Domestic Violence & Abuse

Trainer: James Blewitt

Applicable to: All foster carers ✓ 1 Day

#### Content:

Many of the children in care have witnessed domestic violence and abuse. This workshop looks at the impact growing up with domestic abuse has on children and young people. It also looks at the strategies foster carers can use to support and care for children who have been affected by domestic abuse.

#### **Learning Outcomes:**

- Definitions of domestic violence and abuse.
- The impact that witnessing or being otherwise affected by domestic violence and abuse can have on children and young peoples' development.
- Services and polices in Camden that are there for families affected by domestic violence and abuse.
- Link the impact of domestic violence and abuse to the wider research about the impact of trauma on children and young people.
- Identify the strategies that foster carers can use with children affected by domestic.
   violence and in particular the messages children and young people need to hear from caring adults in their lives.

#### **Training, Support and Development Standards:**

1.3, 2.3, 3.5, 4.1a,b, 5.1a, 5.2a, 6.1b

#### **National Minimum Standards:**

1.1, 1.2, 2.2, 2.3, 3.5, 3.6, 3.7, 3.8, 4.1, 5.1

#### **Training Details:**

**Date:** Wednesday 14<sup>th</sup> September 2022 **Time:** 10:00 am -1:00 pm

Location: Virtual or group TBC



## Learning through play S.E.N Special Educational Needs

Trainers: Leoni Holt, Lynne Burrows

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

- Learn through play Learn the importance of the early years and how you can support young children's learning
- Special Educational Needs To develop an understanding of the different types of SEND, the link between SEND and Looked After Children and the role of schools and carers to support learning for these children and young people

#### **Learning Outcomes:**

This course will enable participants:

- Increased knowledge and understanding of subjects
- Information and advice
- Discuss issues which may impact on education and navigation through the challenges.

#### **Training Support and Development Standards:**

4.1, 5.4, 5.5, 5.6, 5.8,

#### **National Minimum Standards:**

2.2, 2.6, 6.1, 6.3, 7.1, 8.1, 8.2, 8.4

#### **Training Details:**

**Date:** Monday 19 September 2022 **Time:** 10:00 – 11:15 Learning through play

11:30 - 12:45 SEN

**Location:** Virtual or Group TBC

### **Delegated Authority**

Trainer: Chris Christophides

Applicable to: All foster carers ✓

1 Day Course

#### **Aims and Objectives:**

Understanding of Delegated Authority and the role and responsibility of the foster carer.

#### **Learning Outcomes:**

**Aims:** Increased understanding of Delegated Authority (DE) & the legislative context.

Consider the issues related to the sharing and balancing of responsibilities when using the DE process.

Learn about the implication for local care planning and practice in the LB of Camden. Explore current practice and how delegated authority is managed in your organisation.

#### **Training Support and Development Standards:**

5.2 a, 5.4 a, b, 5.5 a, b National Minimum Standards:

2.1, 2.2, 2.6, 3.1, 3.7

#### **Training Details:**

**Date**: Monday 3<sup>rd</sup> October 2022 **Time:** 10:00am – 14:00pm **Location**: Virtual or group TBC

#### **Online Videos Family Activity Sheet**

The <u>#OnlineSafetyAtHome packs</u> from <u>Thinkuknow</u> are still available for parents and carers to use at home. These include fun activities, conversation starters and practical tips on topics such as:

- Sharing images
- Watching videos
- Live streaming



• <u>Cyber security</u> (developed in partnership with the <u>National Cyber Security</u> <u>Centre</u>)

Use the following link to access all of the #OnlineSafetyAtHome resources.

#### **KEY Project**

The Evelyn Oldfield Unit's Knowledge Empowers You (KEY) project seeks to engage young people from asylum seeking, refugee and migrant backgrounds aged 10-18 years old through arts based and sporting activities.

The intention is to enable promotion of social inclusion, access to activities that inspire and motivate young people, as well as enable gentle entry to support through building trust and comfort with support services.

Download: KEY project flyer | KEY project girl's group

**Education and Training Opportunities** 

#### **Skills Training UK Offer**

Skills Training UK are currently offering a variety of courses for 16 - 24-year-olds. Contact them for more information on 07879 435 918 or <a href="mailto:rayoates@skillstraininguk.com">rayoates@skillstraininguk.com</a>. Flyers are also available on the VS News page.

#### Connexions Services

Due to the current situation with COVID-19 Connexions will be operating a VIRTUAL DROP-IN SERVICE whilst the situation remains the same. The Virtual Drop-In will be open by telephone from **10am-1pm** and **2pm-4pm**. The Connexions Careers Adviser will be able to chat over the phone and give advice on Training, Education, Jobs, and Apprenticeships. The telephone number for the Virtual Drop-In is **020 7974 7252**.

4. North London Fostering Consortium Training





The London Borough of Camden forms part of the NLAFC, alongside the London boroughs of Islington, Hackney, Enfield and Barnet and Haringey.

The Consortium is committed to maximising training opportunities to all its foster carers. In order to achieve this, in addition to the fostering training each of the NLAFC boroughs provide training to their in-house foster carers, thus, each borough hosts one fostering training a year that is open to foster carers from all the boroughs to attend. This training will be updated to you in due course.

The NLAFC 2022 training will be circulated to carers when finalised.

There may be other training opportunities that become available of which your supervising social worker will advise you.

### **5. Support Groups and Presentations**



#### **Support Groups**

May your year be peaceful, progressive, and stimulating

We want to thank you all for attending our previous support group meetings and sharing your views, experience, and suggestions.

Your contributions are greatly valued, and we hope that you will continue to express your views in each of the groups over the course of this coming year.

Camden Foster Carer support groups are an opportunity for you to meet other foster carers who care for children in a similar age. Foster carers can attend other support groups if they have children of varying ages, but it is hoped that regularly meeting together with one group will help you to develop contacts for mutual support outside of the group.

Camden Fostering service is fortunate to be able to have access to a wealth of information relevant to promoting the health of our Looked after Children from health and educational professionals based in the LAC Health Services and Virtual education.

Members of the services will be providing age-appropriate presentations to each of the three support groups, and you will be informed of the presentation in good notice. However, all suggestions for any additional presentations will be given consideration.



## **Support Groups** 0-5



The 0-5 support group offers:

- a chance to talk and share experiences
- the opportunity to meet with a LAC nurse
- advice when moving children on
- a space where babies can play with toys

#### **Dates**

Wednesday 05<sup>th</sup> January
Wednesday 09<sup>th</sup> February
Wednesday 09<sup>th</sup> March
Wednesday 13<sup>th</sup> April
Wednesday 11<sup>th</sup> May
Wednesday 15<sup>th</sup> June
Wednesday 13<sup>th</sup> July
Wednesday 10<sup>th</sup> August
Wednesday 14<sup>th</sup> September
Wednesday 12<sup>th</sup> October
Wednesday 09<sup>th</sup> November
Wednesday 14<sup>th</sup> December

Venue: Face to face, subject to change

**Time:** 10:00 – 12:00 pm

Please confirm your attendance by contacting duty:

**Tel:** 0207 974 6783/1283





### **Support Groups** 5-11 & 11+ Years

#### The 5-11 and 11+ years support groups offer help and support with:

- Setting routines for children
- Well-being of foster carers and how children's difficulties may impact on them
- Anxieties in children
- Stress reduction techniques for foster carers
- Parenting by connection
- Caring for children with special needs.
- Engaging in education
- Building relationships
- Managing money and finances
- Impact of working with professionals
- Perception of foster carers
- Staying in touch with young people

#### Dates for 5-11 years:

Thursday 13<sup>th</sup> January Thursday 10<sup>th</sup> February Thursday 10<sup>th</sup> March

Thursday 14th April

Thursday 12<sup>th</sup> May

Thursday 9<sup>th</sup> June

Thursday 7<sup>th</sup> July

Thursday 11<sup>th</sup> August

Thursday 8th September

Thursday 6th October

Thursday 3<sup>rd</sup> November

Thursday 1st December

#### Dates for 11+ to be provided:

Thursday 27 January

Thursday 24 February

Thursday 31 March

Thursday 28 April

Thursday 26 May

Thursday 30 June

Thursday 28 July

Thursday 25 August

Thursday 29 September

Thursday 27 October

Thursday 24 November

Thursday 29 December

**Venue:** face to face subject to change **Time:** 10:30 am to 12:00 pm

6. LAC Health Presentation and **Training** 



Support group presentations available on the following themes:

#### 0-5-year-olds support group

- Baby Massage
- Sudden Infant Death Syndrome
- Looking after drug withdrawing babies
- Looking after Alcohol withdrawing babies
- Global developmental delay
- Promoting healthy sleeping routines
- Promoting a nutritious diet
- Therapeutic parenting

#### 5-11 and 11+ year olds support group

- Promoting social/emotional health
- Promoting hygiene
- Strategies for managing soiling
- Strategies for managing hoarding behaviours
- Promoting healthy eating eat well plate
- Understanding self-harming behaviours
- Promoting sexual health & confidence for carers to support YP with relationships & sexuality
- Puberty
- Supporting YP with Vulnerability & Power dynamics in Relationships and peer to peer friendships
- Understanding Behaviours
- Supporting Education with VS & options/planning for college/university/apprenticeships
- Life Story Work
- Positive Contact with Families
- Promoting healthy eating & Lifestyles
- Supporting YP to budget & Steps to Independence training

Please discuss with fostering team if there are other themes you would like to discuss.



# 7. e-Learning Training Course



We welcome back e-learning training which is an additional learning resource to enhance your development.

Online training is firstly provided to carers who have complex placement commitments, work full-time or live outside of Camden and a distance away. Also, for those who have identified training needs in their practice of which group trainings available has not included.

#### **KCA Short online courses**

Course Title	Course Title	
Adolescence	Emotion coaching	
Assessing & managing risk	Impulsive behaviour	
Attachment and brain development	Men in children's services	
Behaviour & the physical environment	Multi-disciplinary working	
Brain development and positive parenting	Narrative work	
Building resilience	Parental mental health issues	
Child development	Professional development	
Child protection	Safer caring	
Child-centred assessment	Secondary trauma	
Children's Rights	Self-harming behaviours	
Communicating with children & young	Sexualised behaviour	
people		
Confidentiality and record keeping	The role of the foster carer	
Contact in foster care	Transitions and vulnerability	
Domestic violence	Understanding trauma	
Equality and diversity		

Please speak to your supervising social worker about e- learning courses of interest to you.



# Other e-Learning Training options

#### NSPCC <u>nspcc.org.uk</u>

The NSPCC website has a lot of helpful information about keeping children safe in relation to their internet use, community activities and 'safe' independence.

It also has some useful information on positive parenting and encouraging better behaviour from children.

The fostering and adoption learning resources from Research in Practice, funded by the Department for Education

#### fosteringandadoption.rip.org.uk

This site is used by professionals to access resources and has some materials like short films that may be useful. It is free to use these resources

The following topics may be of particular use:

- 1. Attachment theory and research
- 2. Child development (upcoming)
- 3. Early brain development and maltreatment
- 4. Early childhood trauma



# Camden TDS Training 2021

Please explore training offered by The Training & Development Service with your supervising social worker



8. Training, Support Development Standards TDS 2021



The Training, Support & Development (TSD) standards form part of a foster carer's induction in the role. They are designed to equip foster carers with the skills & knowledge to provide high quality care to the children you care for and provide a national minimum benchmark that sets out what foster carers should know, understand and be able to do within the 12 months after their approval.

As your foster Care Provider, Camden are providing TSDS workshops to support your achievement. *Please ensure you acquire this information from supervising social workers.* 

# Foster Carers Training Propgramme 2021

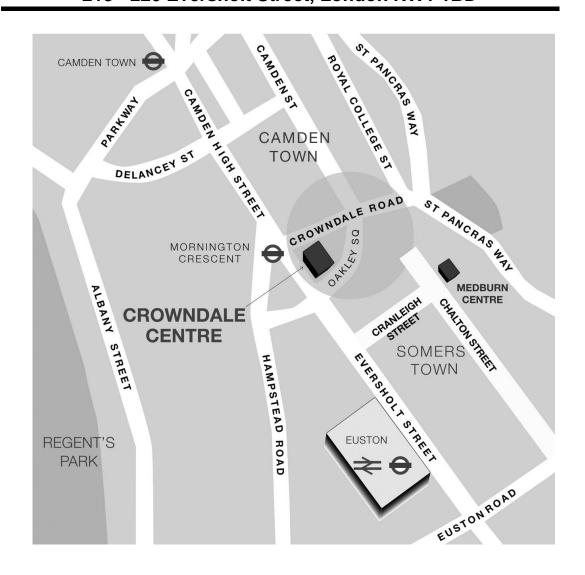
GCSE Options & Supporting LAC Key Stage 4	8.1, 8.2, 8.3, 8.4, 8.6, 8.7	Samuel Denham	Core	Wednesday 19 January 2022
Self-Esteem & Emotional Development	2.1, 2.2, 3.7, 4.5, 6.1, 6.3, 8.1	Niall Walshe	Core	Wednesday 26 January 2022
Supporting Carers in Managing Teenagers	1.1, 2.2, 3.7, 4.5, 6.1, 6.3, 8.1	James Blewitt	Main	Tuesday 08 March 2022
Safe Caring	4.1, 4.2,4.4, 4.6, 9.3, 10.4, 15.2, 21.1	Jonathan Epps	Core	Tuesday 22 February 2022
Strategies for De-escalating Anger & Aggression	3.2, 3.3, 3.4, 3.7, 3.8, 3.9, 4.3,	Jonathan Epps	Main	Wednesday 9 March 2022
Basic Life Support	6.7, 6.8, 6.9, 6.11,	UNICARE Support	Core	Thursday 24 March 2022
Safeguarding	4.1, 4.3, 4.4, 4.6,	Rahana Hussain	Core	Wednesday 20 April 2022
Attachment and Relationship- based	3.3, 3.7, 6.1, 6.8, 6.11	David Shemmings	Core	Wednesday 18 <sup>th</sup> & Thursday 19 <sup>th</sup> May 2022
Awareness & Impact of Race, culture & Belief systems in Multi-Racial Placements	2.1, 3.6,	Rahana Hussain	Main	Wednesday 25 <sup>th</sup> May 2022
Total Respect	1.1, 1.2, 1.4, 3.2, 6.1, 13.6	Elzbieta	Core	Wednesday 15 June 2022
Caring for Children & Young people affected by Domestic Violence and Abuse	1.1, 1.2, 2.2, 2.3, 3.5, 3.6, 3.7, 3.8, 4.1, 5.1	James Blewitt	Main	Wednesday 14 September 2022
Learning through Play & (S.E.N) Special Educational Needs	2.2, 2.6, 6.1, 6.3, 7.1, 8.1, 8.2, 8.4	Lynn & Leonie	Core	Monday 19 September 2022
Delegated Authority	4.2, 6.5, 7.3, 7.4, 9.7,	Chris	Main	Monday 3 October 2022





## 9. Venue Information

### Fostering Service The Crowndale Centre 218 - 220 Eversholt Street, London NW1 1BD

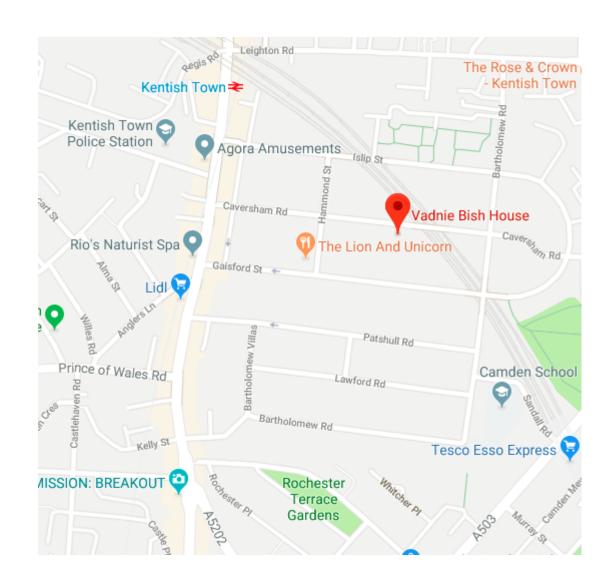


#### **Nearest Stations:**

Mornington Crescent Tube Station Euston Tube and Rail Station Camden Town Rail Station



#### Vadnie Bish House 33-43 Caversham Road, Kentish Town, NW5 2DR



#### **Nearest Stations:**

Kentish Town Kentish Town West

### City Learning Centre. Charrington Street, London, NW1 1RD



#### **Nearest Stations:**

Mornington Crescent Kings Cross St Pancras Euston



### **Contact Details**

Camden Fostering Service

1st Floor Crowndale Centre

218 Eversholt Street London, NW1 1BD

**Phone:** 020 7974 6783, 0800 028 1436 (Free phone)

**Text Service:** 07797 801004

Email: <a href="mailto:fostering@camden.gov.uk">fostering@camden.gov.uk</a>/fostering

