

Camden Primary Care Mental Health

May 2019



What is PCMH?

Camden PCMH Network is a **borough wide multi-disciplinary mental health service**, embedded in primary care and divided into four GP neighbourhood teams – CHE West; NW5; NW3 and South/CHE-South*.

It was launched on the **1 April 2019**. The service acts as a **single point of access** for referrals, with the exception of referrals into the crisis pathway or to iCope (Camden's IAPT offer).

It will be a **'3 Conversations'** innovation site, trialling a new approach to adult social care that focuses on people's strengths and community assets.

It is a partnership between:

- Camden & Islington NHS Foundation Trust (lead provider)
- Tavistock and Portman NHS Foundation Trust (Team Around the Practice)
- Mind in Camden (social prescribing)
- Camden Council (social care)
- Hillside Clubhouse (employment support – IPS)

*Two GP neighbourhoods combined due to population size

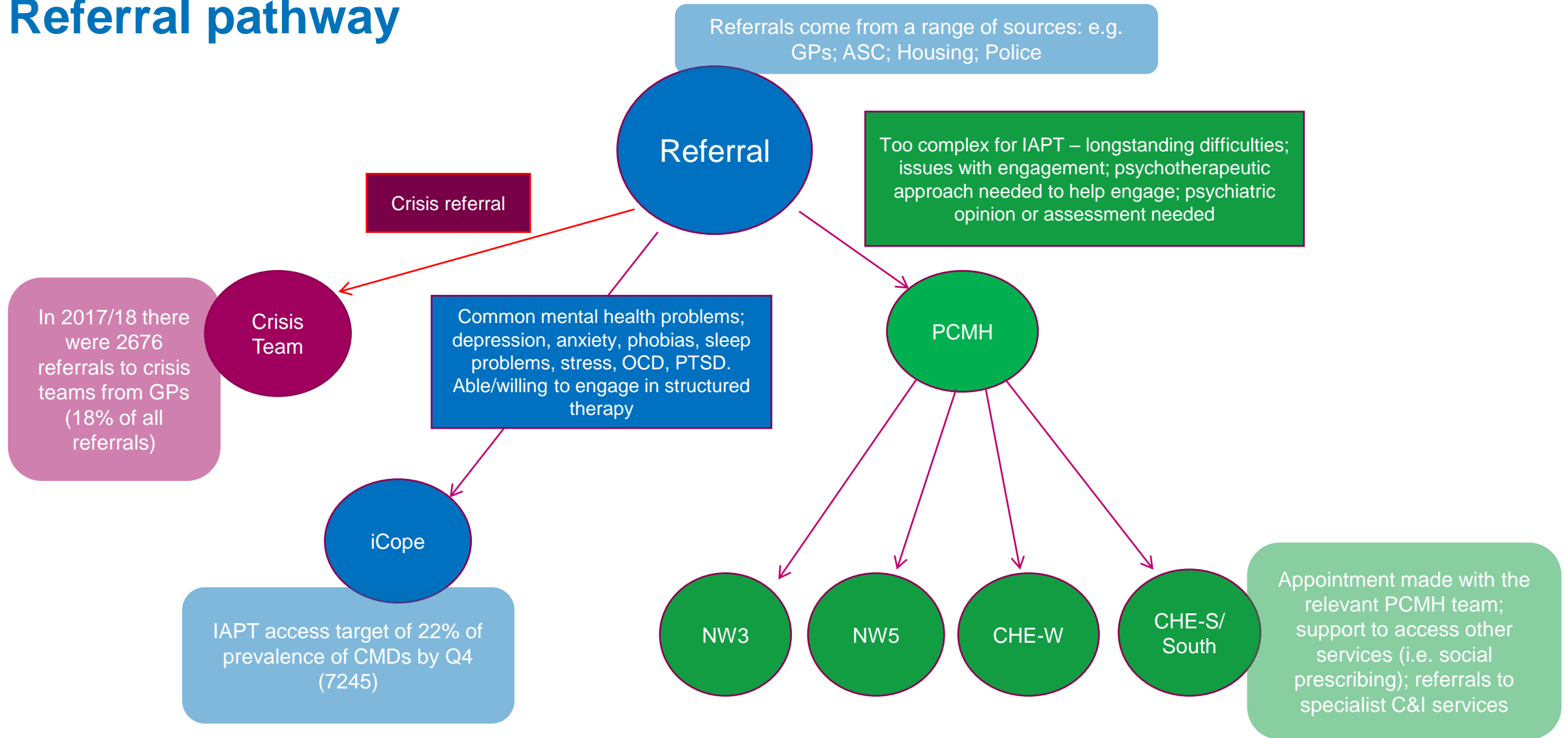
What does it aim to achieve?

The key aim of the service is to work with GPs in providing **holistic care** for citizens in a setting **closer to home**, integrating services across 'traditional' organisational boundaries. The service includes multidisciplinary input from mental health practitioners, such as psychiatrists, psychologists and social workers, and the voluntary sector.

Key high level outcomes include:

- **Improved clinical outcomes**, including reduced physical health inequalities and support for people to find meaningful employment
- **People feel in control** of their care and support
- **Wider system impact**, such as reduced demand for secondary care services, improved self management and support to stay well and increased capacity in primary care
- **Clear service standards**, such as delivering a flexible, responsive and accessible service

Referral pathway



Future developments

Integration with primary care – continue to feed into wider developments on MDTs and develop capacity in primary care (i.e. through support and training)

Co-location plan – continue engagement with practices to have sufficient co-location across all neighbourhoods; think creatively about other community spaces such as community centres

Continued communications – continue to engage through formal communication channels to raise awareness of the new service offer and referral pathways