Camden

NHS
North Central London
Clinical Commissioning Group

CYP Acute Mental Health Care Discharge Pathway

The hospital admission refers to both:
- **Voluntary patients**
- **Formal patients*** detained under MHA

**Formal patients will be logged in hospital S117 aftercare plan list*

A1
CYP hospital admission for acute mental health care

A2
Discharge & care planning **starts at the point of admission**

Hospital lead clinician establishes the **professional network**

Community CAMHS retains care coordinator status

MH unit to coordinate CPA and discharge planning

The **professional network** should include:
- Responsible clinician/ Hospital lead clinician
- Young person's carer or guardian
- Care coordinator
- CAMHS clinician
- Social care professional
- Education/ SEND professional
- Young people themselves (if appropriate)
- Others: YOT workers, Forensic CAMHS, care home staff or any other prof involved (if appropriate)
- *Responsible commissioners to be identified & alerted*

A3
Any young person **aged 17 and over** to be referred to **Minding the Gap panel** to allocate adult MH services and plan transitions

(See MTG Transitions Protocol)

- **Adult MH services and Adult MH commissioners** to be included in discharge planning and professional network
- **AMBIT** based group supervision for transitions cases
- S117 funding requirements or accommodation needs will need **to be referred to Adult MH Quality Panel** by adult MH professional who has undertaken the **Care Act assessment**

A4
Regular professional network meetings to discuss **Care Programme Approach (CPA)/ Care Plan**

For formal patient **s117 aftercare support to be included** as part of CPA discussion

Care Coordinator to set the timing for review care plan

- Based on the primary needs, care plan (including S117 funding needs) will be reviewed at:
  - Camden MH Admission Optimisation network group (Tier 4)
  - Camden Complex Needs Panel
- **Adult mental health commissioners** to attend above panels as needed for transitions age young people

A5a
Safeguarding concerns identified

Designated safeguarding lead works with Camden social care regarding any required assessment.

Following the Child and Family assessment completed, if return home is not suitable:

CYP needs Placement as determined by Children Act legislation

A5
Early Identification of any barriers to returning home (e.g. safeguarding concerns) or discharge planning

Consider family mediation and Family Group Conference

- **Escalation procedures** to manage professional collaboration issues in additions to share supervision for transitions cases
- **Rapid response group** to be established and independently chaired

A5b
- Under 18 – Social workers may take to Camden Care Pathway Panel. Possible placements may include Camden Kaleidoscope
- Over 18 – referral for consideration for accommodation or placement to Camden MH Quality Assurance Panel for Adults

A6
Planned Home Leave, **Family Group Conference**, **Care Act Assessment** to all be considered as part of Care Planning and return to community

A7
Support package developed and **funding agreed** with clear communication with CYP and family

A8
Young person is **discharged back to the community**

A9
Care Coordinator to regularly review the care plan

- The young person can **leave the s117 aftercare provision** when the responsible professional network, CCG and local authority are satisfied that the young person is now equipped to manage life in the community without services to prevent readmission for treatment of a mental disorder.

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