

## What's next?

We will set up the first meeting, at a time that works best for you. If you've got any questions in the meantime, then don't be afraid to ask. We'll be happy to help.

Photography by Tom Hull. The child pictured is a model.  
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216401. Scotland SC037717. J20151094

# Graded Care Profile 2

MEASURING CARE, HELPING FAMILIES

Parent guide



**NSPCC**

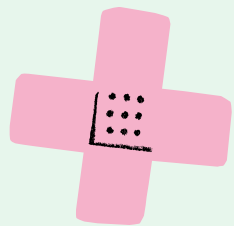
EVERY CHILDHOOD IS WORTH FIGHTING FOR

# What is it?

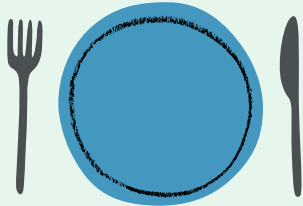
There are lots of things to think about when you're a parent. And it's really important to understand what your child needs.

That's where the Graded Care Profile can help you and your family. Together with your worker, you'll look at things like health, food, clothing, hygiene, emotional care, and the support you give your child (depending on their age) for things like play, school, and friends.

It will help you and your worker find out what you're really good at or where you might need to do better and get some extra support.



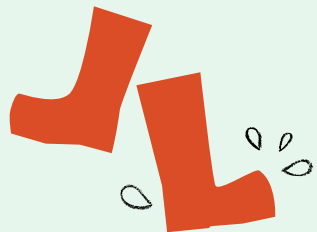
HEALTH



FOOD



PLAY



CLOTHING



HYGIENE

# How it works

Together you will look at different parts of being a parent and having a family – rating the things you're good at and those you find a little harder. The Graded Care Profile uses scores to help you understand how well you're doing in each area of your child's care.

- 1 is really excellent – couldn't get any better.
- 2 is still really good.
- 3 is OK, but you might need some help to get better.
- 4 is not good, and means you need to make some changes.
- 5 is really worrying and means things need to get a lot better.

As well as your worker deciding on your scores, and explaining them to you, you'll also have the chance to score yourself. If your child is able to, and wants to, then they can do it too.

The scoring will be done over a short amount of time, and can be done again in a few months to see how things have changed.

It's done by looking at your care for one child, but if you have more than one child then it can be done for them too. In that case, there will be a set of scores for each child.

