

Second Lockdown

**Briefing for FSCF
3 November 2020**





This briefing will cover:

- What we know now about the second lockdown
- The current COVID situation in Camden
- What a second lockdown means for family work, and in particular face-to-face visits
- What we need to do next
- Resources to help us
- Q and A

What we know now about the second lockdown

What do we know now?



- The Government announced a second national lockdown on 31 October 2020
- The second lockdown will run from 00.01am Thursday 5 November to 00.01am on Wednesday 2 December
- The Government says this is because COVID cases are rising rapidly across the whole of the UK and we must act now to control the spread of the virus.
- The Government's key messages of the second lockdown are:
 - *Requiring people to stay at home, except for specific purposes.*
 - *Preventing gathering with people you do not live with, except for specific purposes.*
 - *People allowed to meet with one person from another household outdoors in a public space*
 - *Closing certain businesses and venues.*
 - *Public sector employees working in essential services, including education settings, should continue to go into work*
- Schools, nurseries, childcare, colleges and universities to stay open
- Some businesses will stay open
- This is not the same type of open-ended, total lockdown as the one in March
- Intention is to return to the 3-Tier local lockdown system at the end of a full national lockdown

What do we know now?

- Since Saturday we have:
 - Reviewed the latest Government Guidance on the second lockdown restrictions
 - Reviewed updated Government Guidance on working in peoples homes (this is not yet fully updated and we will be monitoring guidance updates throughout the week)
 - Contacted Camden and Islington Public Health to check if any changes are anticipated to their home visiting guidance and any specific local instructions (awaiting confirmation)
 - Met with IEYS, IYSS and CSSW to get a collective view of planned changes to services during a second lockdown
 - FSCF have a 5-phase COVID emergency management plan (1 being the lowest level and 5 being the highest level of concern). We were at phase 3 from 23 March to 3 August 2020. We are currently at phase 2
 - London went into Tier 2 restrictions on 16 October 2020

The current COVID situation in Camden

Weekly Overview

Coronavirus cases are continuing to rise at a faster rate in Camden and across London than they were a few weeks ago. It's more important than ever that everyone continues to follow the [latest Government guidance](#) and [public health advice](#) to keep themselves and loved ones safe and to prevent further spread of coronavirus.

- **There were 329 new confirmed cases in Camden** between 12th October and 18th October, this is 27 more than the previous week.
- **0 COVID-19 deaths were reported** in the same time frame.
- **The weekly incidence rate in Camden is 121.8 per 100,000**, this is slightly higher than London's rate at 118.2 per 100,000.
- **London's R number as of the 23rd October was 1.1 to 1.3.** This means on average every 10 people infected will infect between 11 and 13 other people. If the R value is above 1 the pandemic is growing, if it is below 1 the pandemic is shrinking.

Cases data are available for **nations**, **regions** and **local authorities**.

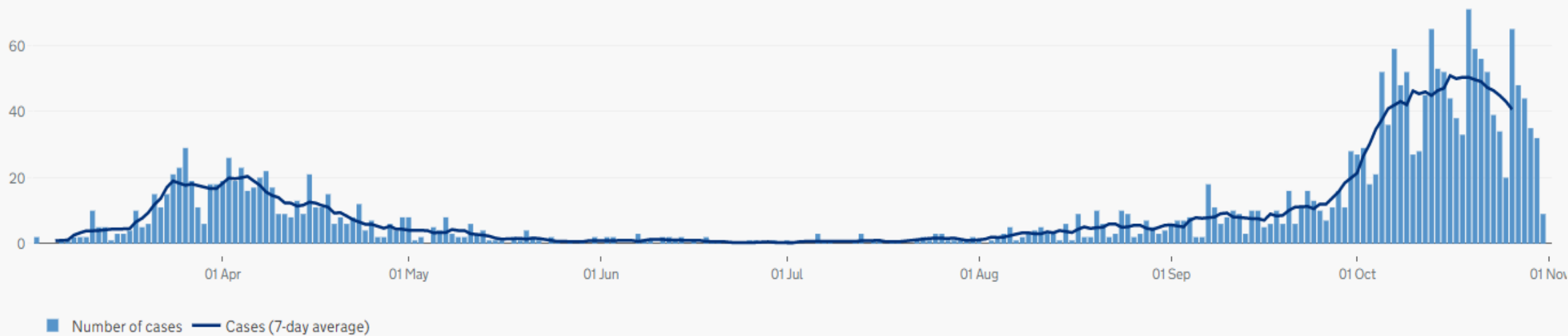
People tested positive

Daily **28** Total **2,426**

Cases by specimen date

Number of people with at least one lab-confirmed positive COVID-19 test result, by specimen date. Individuals tested positive more than once are only counted once, on the date of their first positive test.

Daily Cumulative Data About



Healthcare data are available for **nations** and **NHS regions**. ✕

Patients admitted

Daily Total
126 27,984

Patients in hospital

921

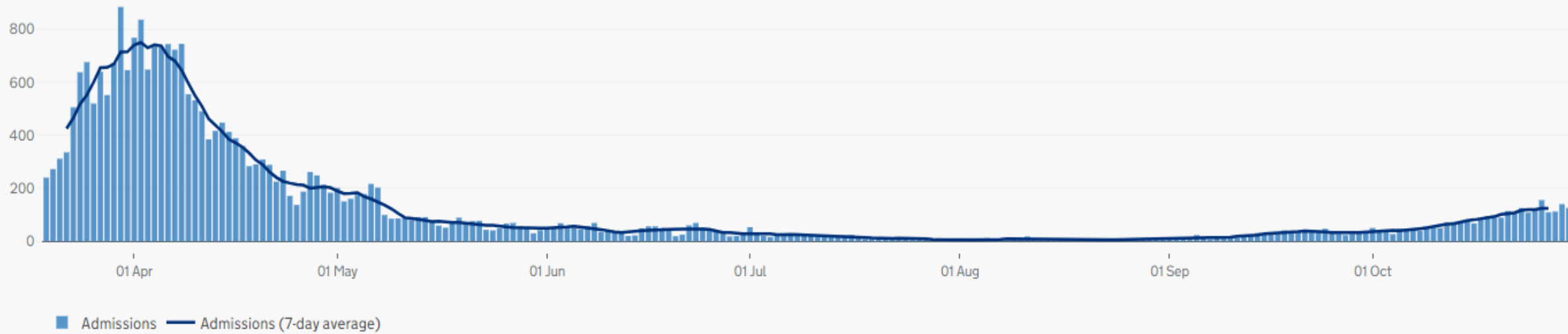
Patients on ventilation

134

Patients admitted to hospital ↓

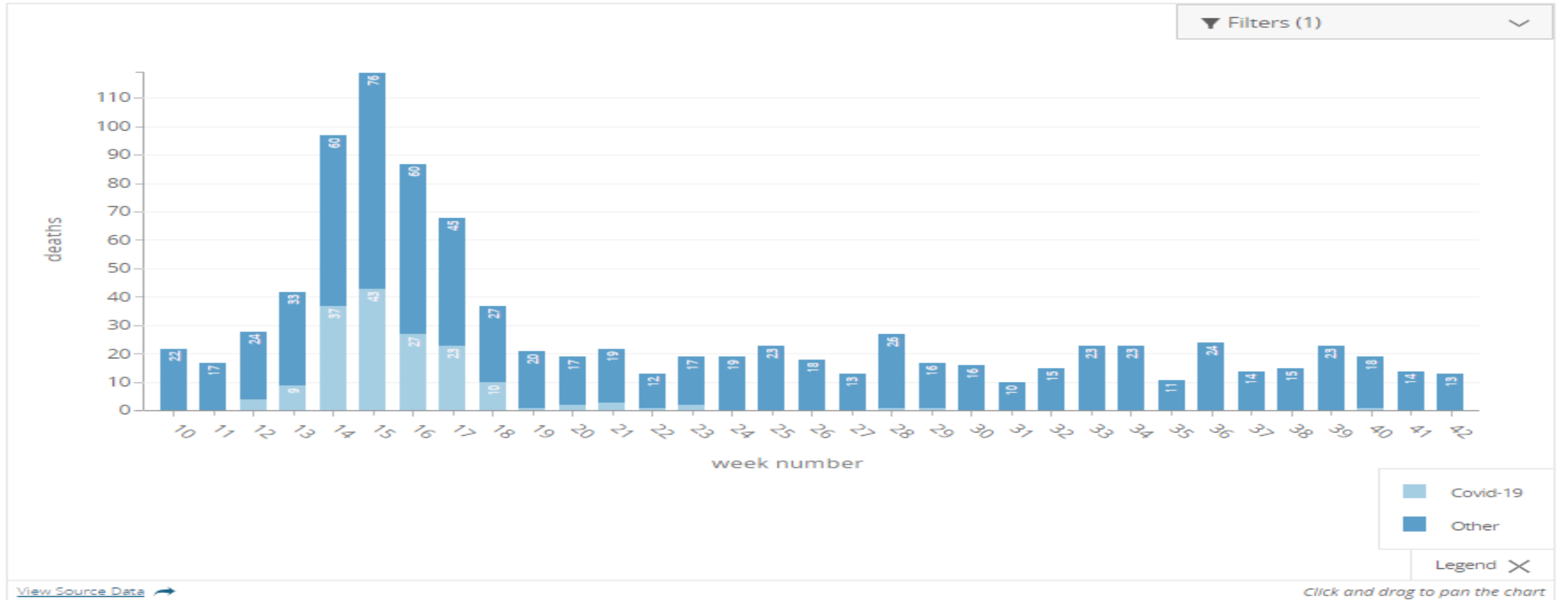
Daily and cumulative numbers of COVID-19 patients admitted to hospital. Data are not updated every day by all four nations and the figures for Wales are not comparable to those for other nations as Wales include suspected COVID-19 patients while the other nations include only confirmed cases.

Daily Cumulative Data About



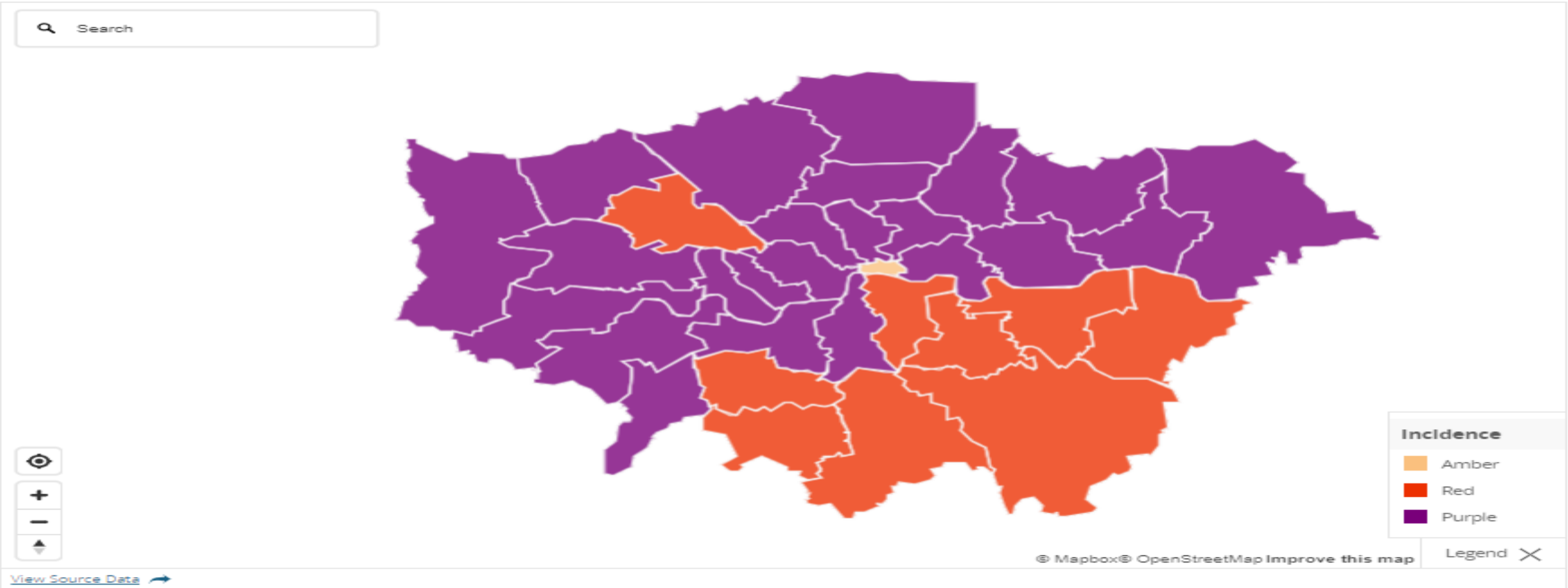
Deaths By Week

This graph shows all deaths recorded in Camden by week, and how many have been caused by Covid-19. The default filter is Camden, but you can select other boroughs by clicking the filter button. Data is provided by the Office of National Statistics, and can be downloaded [here](#).







Weekly Infection Rate Map

This is a map showing the rates of confirmed cases across a 7 day period for each borough in London. Infection rates have been PRAG (Purple-Red-Amber-Green) as follows: green is less than 25 per 100,000, amber is between 25 and 50 per 100,000, red is between 50 and 100 per 100,000 and purple is greater than 100 per 100,000. Data is provided by Camden and Islington Public Health.



7.5% of tests are positive

 For every 100 tests taken 8 on average are coming back positive. A weekly percentage of 4-7.5% is rated amber.

These indicators are RAG (red-amber-green) rated to indicate whether they are good or bad. Green  Amber  Red 

London's R number = 1.1 to 1.3



An R number between 1.1 and 1.3 means that on average every 10 people infected will infect between 11 and 13 other people. If the R value is above 1 the pandemic is growing, if it is below 1 the pandemic is shrinking.

More information on COVID-19 in Camden is available on the [council website](#)

This infographic has been created by Camden and Islington's Public Health Intelligence Team, contact PHASS@Islington.gov.uk for more information

Other things we need to think about and plan for

COVID case rises in other boroughs and counties, as a large % of our staff live outside Camden

Possibility that the second lockdown lasts longer than 4 weeks and preparing for that

Possibility that educational settings could shut and preparing for that

Continued protections for workers who were previously in the shielding group, or workers who live with family members previously in that group, or from Black, Asian and minority ethnic groups

The implications of contact tracing for the service (e.g. potentially higher levels of self-isolation needed = effect on service capacity)

Planning for possible staff shortages due to either increased COVID illness and/or general winter illness

Continued rise in demand for family work (which is likely to increase through lockdown)

The impact on the helping relationship when we work exclusively virtually, that you told us about in the Return to Work Survey and the weekly survey, especially at assessment stage

Protecting your emotional health and your emotional reserves, making sure workloads are manageable, and that you have the scaffolding you need

What the second lockdown means for FSCF



From 00.01am Thursday 5 November:

FSCF moves to phase 2 to phase 3 of our emergency management plan

This means changes to visits and working procedures

These are the same as the changes we made in March

You can read the emergency management plan here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/emergency-management-plan/>

From 00.01am Thursday 5 November:



- Visits

- Face-to-face visits will be paused
- Virtual visits procedure will be in force
- Virtual visits casenoting procedure will be in force
- At least 1 phone or video call to a family once every 5 days – ‘little and often’ approach – depending on gravity, severity and frequency of risk to the child/ren’s welfare – checking in not checking up
- Children should be seen or spoken to at least once every 5 days - if you are finding this difficult, you may check if a network member (for example school) seen or spoken to the child/ren
- Doorstep visits and/or outdoor visits and/or visits in a COVID-secure venue (Childrens Centres or 5PS for example) are permitted depending on gravity, severity and frequency of risk to the child/rens welfare, and where it is in the best interests of the child/ren. Social distancing measures and face-to-face visits guidance to be followed – service manager authorisation needed
- Staff may make essential deliveries to family homes (e.g. food, vouchers, supplies, collected prescriptions, laptops or other equipment) following social distancing measures and face-to-face visits guidance
- COVID escalation procedure will be in force if we lose contact with a family

From 00.01am Thursday 5 November:



- **Work with families**
 - All staff should check whether families have the basics they need to survive and the strategies they need to cope (see Family Resilience Framework) AND
 - Continue working with a family towards their plan goals and/or completing their assessment AND
 - Stay mindful of the reasons for referral WHILST
 - Being emotionally attuned and responsive to the unique impact of the lockdown on each family AND
 - Making full use of networks around families (including other professionals, community organisations, friends and extended family)
 - For more help, see the assessments and plans section of the Guidebook here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/assessments-and-plans-guidance/#main>
 - And the community organisations section of the Guidebook here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/local-community-sources-of-support/>

From 00.01am Thursday 5 November:



- **Staff**

- Bubble rota is paused
- Use of 5PS is permitted if you are doing a doorstep visit/outdoor visit/as a COVID-secure venue visit (which has been authorised by your service manager) or are oncall manager
- All staff to work from home
- All TAFs and all supervisions of any type will be virtual only
- Staff who are in the extremely clinically vulnerable group, or who live with someone in the extremely clinically vulnerable group, should work from home exclusively
- Staff who are in the clinically vulnerable group, or who live with someone in the clinically vulnerable group, *“should be especially careful to follow the rules and minimise your contacts with others”*.
- Oncall manager rota will be re-started – there will be a manager available to come to 5PS every day Monday to Friday to access the safe, issue vouchers and issue loan laptops
- Weekly check-ins for every staff member with their line manager will be undertaken (most already are)
- PPE available at 5PS in our PPE store BUT can also be sent direct to your home if needed

From 00.01am Thursday 5 November:



- **Managers**

- Daily oncall manager rota will be re-started
- COVID Management Oversight procedure will be in force
- Weekly check-ins for every staff member with their line manager will be undertaken where not already (most are)
- Daily staff availability checker re-started to monitor availability for on-the-ground work
- Priority family system re-started based on gravity, severity and frequency of risk of child/rens welfare and in the event of any staff shortages
- Incoming work will be accepted as normal but on a virtual basis only
- New bespoke work from social care not accepted during lockdown unless at service managers discretion, in order to preserve capacity in the event of staff shortages

Why are we doing this?

To help keep you as safe as we can

To ensure we comply with both the Government guidance for staying at home AND for essential public services remaining open

To enable you to see families face-to-face if absolutely needed/paramount for the welfare of/in the best interests of the children AND comply with Government guidance

Whilst not a crisis service, we have an ongoing role to play as designated essential key workers and a duty of care to families currently open to us during lockdown and beyond

What you need to do

- Re-visit the virtual visits procedure and virtual visits casenoting procedure – this is what you are using from Thursday
- Re-visit your individual risk assessment with your line manager to make sure it is up to date, and to determine whether you can be available for on-the-ground work if needed
- Re-visit the COVID escalation procedure in case you lose contact with a family
- Read the Government guidance on the second lockdown social restrictions if you haven't already
- Talk to the families you're working with to find out if they have what they need/what they think they might need during second lockdown and take action now if needed
- Think about the work you had planned to do with the family over the next month, and use the Direct Work Kit Bag to help work out if you can do it virtually, thinking carefully about what the purpose of the visit is
- Take some time to process this; reflect on what a second lockdown means for you and your own family - we are here for you every step of the way and will do whatever we can to help keep you safe and well



What will happen next

Managers will spend time with you making sure your individual risk assessment is up to date, that you have the protective equipment you need, and whether you can be available for on-the-ground work if needed (e.g in the event we need to deliver essential supplies to a family).

This is particularly important for staff who were previously shielding, who live with people who were previously shielding, and for Black, Asian and minority ethnic staff

If your risk assessment says you need a parking permit, please do apply for one (or apply to extend your current one) – tell your line manager who tells Becca to who applies to parking (complicated but that’s apparently the rule for now)

Check in with each other – this could be a bumpy winter and how we look after each other matters a very great deal – in the same storm but not all in the same boat

Resources to Help



The Guidebook Procedure for doing Virtual Visits

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/virtual-visits-making-calls-procedure/#main>

The Guidebook Procedure for Casenoting Virtual Visits

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/virtual-visits-case-recording-procedure/#main>

The Direct Work Kit Bag

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/direct-work-kit-bag/>

The COVID escalation procedure

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/stepping-up-escalation-procedures/#main>

The Guidebook Second Lockdown Restrictions guidance

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/social-distancing-government-guidance/#main>

Camden Community Organisations

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/local-community-sources-of-support/>

Your individual risk assessment – do make sure this is up to date

Your supervision time, your weekly check-in with your manager, your reflective group supervision spaces and your clinically guided spaces

Q and A