

# Tier 2 Restrictions for London and Implications for Family Work



**Briefing for FSCF**  
**20 October 2020**





## This briefing will cover:

- What we know now about Tier 2 restrictions
- What the Tier 2 restrictions are
- What Camden and Islington Public Health have told us
- What Tier 2 restrictions mean for family work, and in particular face-to-face visits
- What will happen next
- What we can all do to help & resources to help us
- Q and A



## What do we know now?

- The Government announced a 3-Tier lockdown system on 12 October 2020
- Tier 1 = medium risk, Tier 2 = high risk, Tier 3 = very high risk
- Different local areas will be on different Tiers at different times, according to their level of COVID risk
- On 14 October, London was at Tier 1. From midnight 16 October, London moves to Tier 2
- It is not yet clear how long London will be on this Tier
- This is not the same type of lockdown as the one in March
- We are much more prepared and experienced than we were in March

# What the Tier 2 Restrictions Are

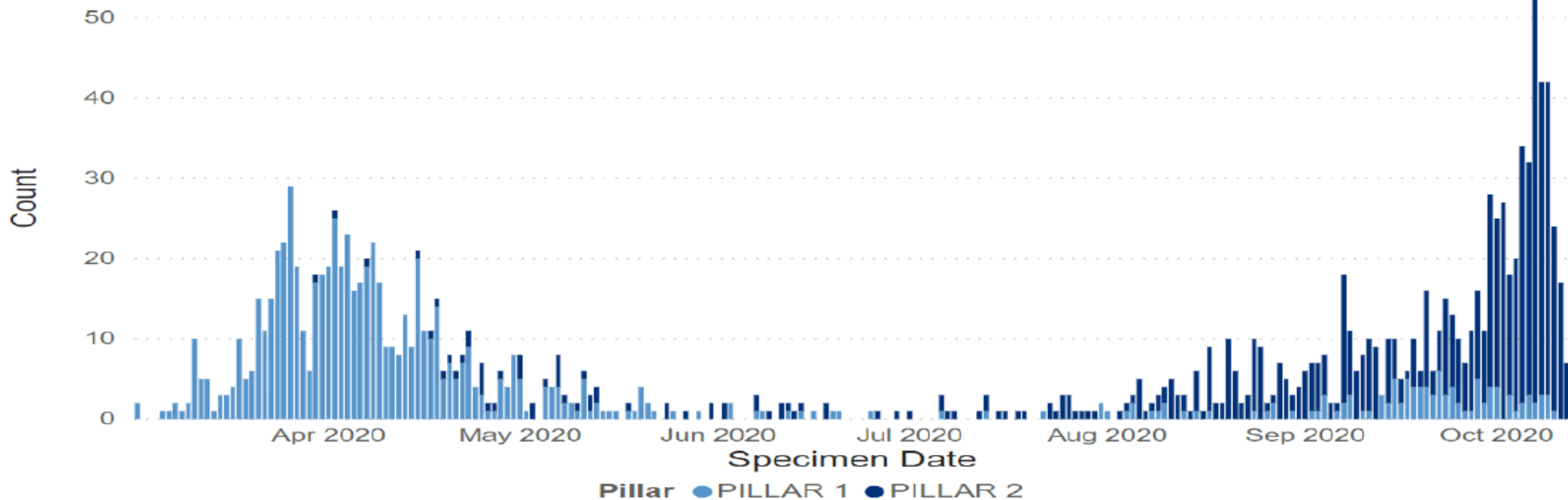
On top of restrictions in medium risk:

- You must not socialise with anybody outside of your household or support bubble in any indoor setting, whether at home or in a public place
- You must not socialise in a group of more than 6 outside, including in a garden or other spaces like beaches or parks (other than where specific exemptions apply in law)
- Businesses and venues can continue to operate, in a COVID-secure manner, other than those that remain closed in law
- Certain businesses are required to ensure customers only consume food and drink while seated, and must close between 10pm and 5am
- Businesses and venues selling food for consumption off the premises can continue to do so after 10pm as long as this is through delivery service, click-and-collect or drive-through
- Schools, universities and places of worship remain open
- Weddings and funerals can go ahead with restrictions on the number of attendees
- Exercise classes and organised sport can continue to take place outdoors; these will only be permitted indoors if it is possible for people to avoid mixing with people they do not live with or share a support bubble with, or for youth or disability sport
- You can continue to travel to venues or amenities that are open, for work or to access education, but should look to reduce the number of journeys you make where possible



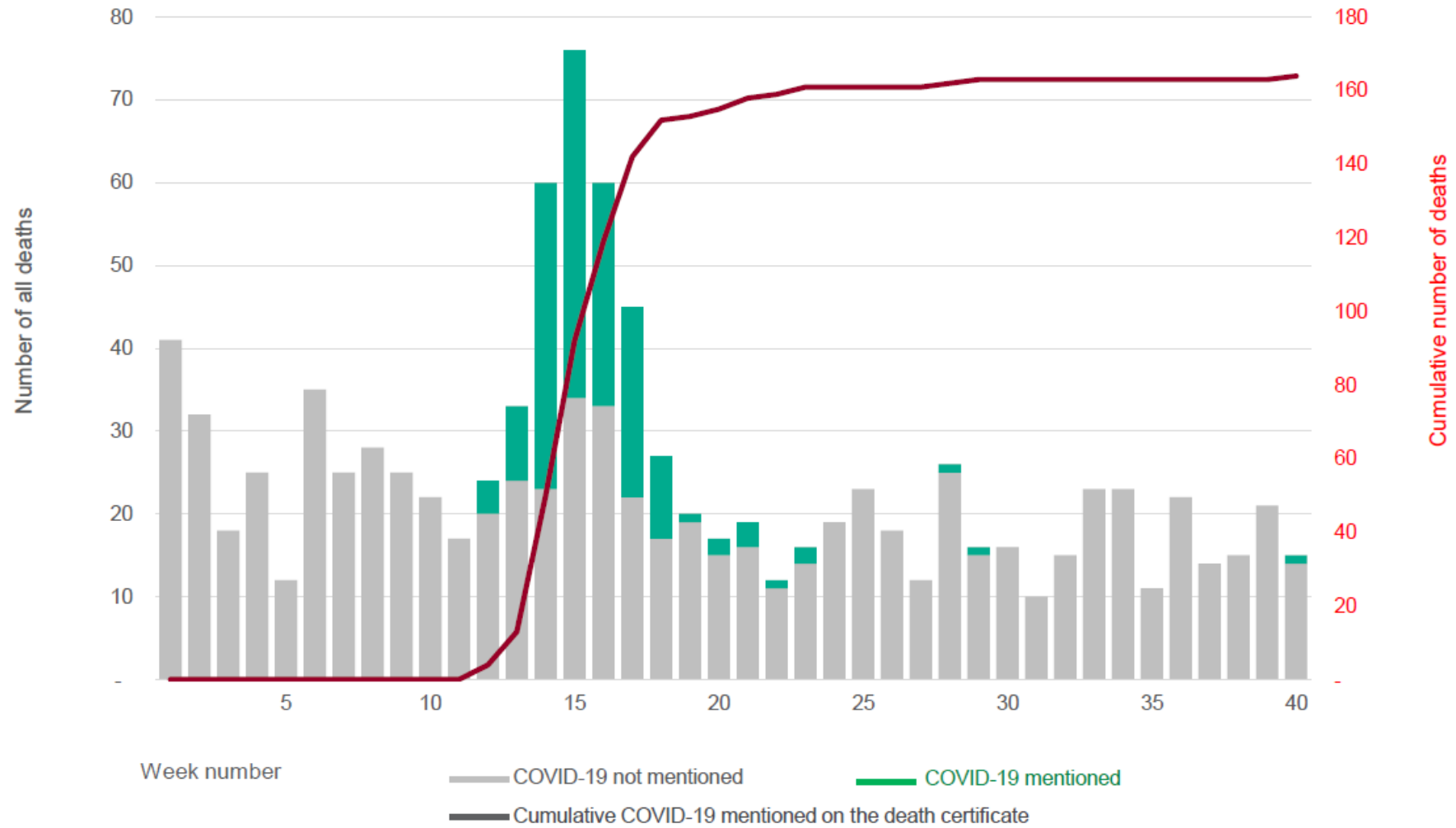
# What Camden and Islington Public Health have Told Us

# Daily COVID19 cases



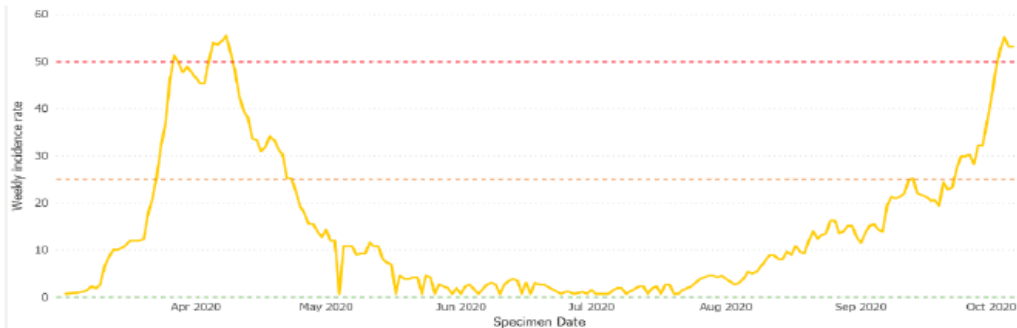
Area	Cumulative number of cases 14/10/20	Cumulative rate of cases per 100,000 as of 14/10/2020	Latest weekly incidence rate per 100,000 2/10/20 -8/10/20
Camden	1472	525	82.6
London	63,781	711	94
England	540,396	960	156.5

# Deaths by cause of death (weekly numbers and cumulative), for deaths that occurred up to 2 October 2020 but were registered up to 10 October 2020 by week, Camden



# Key messages

- For the majority of people the effects of the virus will be mild
- The 'stay at home messaging' is to reduce rapid spread of the virus, to protect the most vulnerable people and to stop health services becoming overwhelmed
- We are in a different position from March
- This will go on for some time: guidance will continue to change - and should
- Risk is a continuum – we aim to reduce it to a level that is as low as possible
- This is a (relatively) new virus but the principles of health protection are the same



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# Public Health Advice on Family Work Specifically

On 15 October, we asked Camden and Islington Public Health what impact they thought Tier 2 restrictions should have on visiting families.

They told us that:

*“The key change in moving to Tier 2 is that only one household/bubble will be permitted to meet indoors, however this does not apply to people working in other people’s homes.*

*As Camden’s Family Workers visit families in a professional capacity to provide a service, they will still be permitted to do so.*

*Family workers should continue to follow the current Camden and Islington guidance on home visits. Where possible, they should minimise their use of public transport when travelling between homes, preferably by walking or cycling”*



# What We Have Done Since 12 October

The Heads of IYSS, IEYS and I met to discuss and agree a consistent approach to visiting families under Tier 2 restrictions

All the latest Government guidance has been reviewed

The latest Camden COVID information pack from Public Health has been reviewed

All our current policies and procedures reviewed through that lens

Reviewed who might be affected by other Tier 2 or 3 restrictions in other local areas

An additional 8 COVID-secure venues that we can use for visits have been sourced, bringing us to 15 venues in total

Representations have been made to GOLD command (the senior leaders overseeing Camden's COVID response) about extending parking permits beyond 31 October – we await outcome

## **The most important thing we need to think about and plan for**

Making sure we continue to keep you as physically safe and well as we can

Protecting your emotional health and your emotional reserves, making sure workloads are manageable, and that you have the scaffolding you need

# Other things we need to think about and plan for

Potential for another national shutdown (circuit break) and London moving to Tier 3 – we would go through exactly the same review process if that happened

Continued protections for workers who were previously in the shielding group, or workers who live with family members previously in that group, or from Black, Asian and minority ethnic groups

The implications of contact tracing for the service (e.g. potentially higher levels of self-isolation needed = effect on service capacity)

The combined impact of a number of national policies – furlough scheme ending, eviction freeze ended, Tier 2 restrictions and businesses having to close or reduce operations – all of which significantly affect Camden families and may lead to continued increased referrals in the coming weeks

The impact on the helping relationship when we work exclusively virtually, that you told us about in the Return to Work Survey and the weekly survey

# What This Means for FSCF

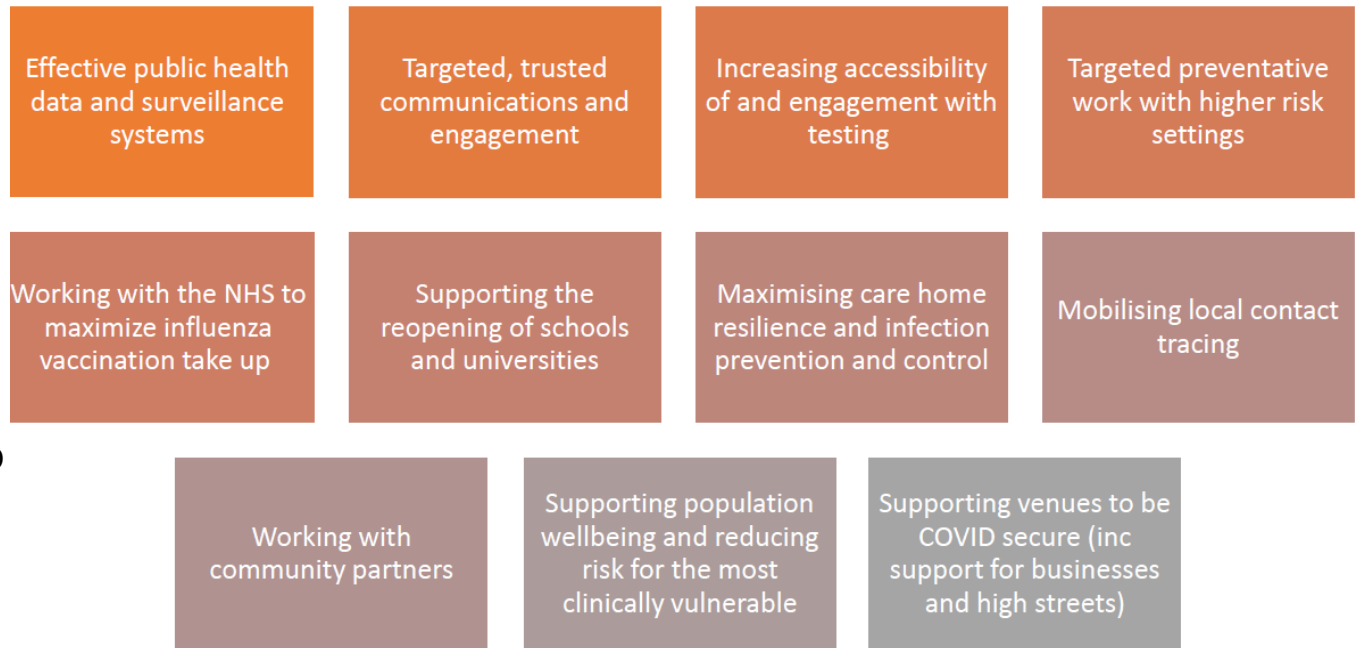
Taking all the advice and information that we have into account, we will:

- Continue to visit families
- Alternative venues for visits should be explored and prioritised where possible, and particularly in cases where 1metre + social distancing cannot be adequately maintained in the home.
- Still visit families in their home, but making sure families continue to have choice and control over the visit location, and that alternative venues are explored and prioritised where possible
- Continue to do the pre-visit checklist before every face-to-face visit
- Continue to use our 1-week Camden, 1-week remote rota system to help minimise our use of public transport + staggered start and finish times
- Continue to stay in our bubbles and only using 5PS as a basecamp if we want or need to
- Stay at phase 2 of our emergency management plan – for now
- Review weekly each Monday – this is likely to stay a dynamic, fluid and fast-moving process (again)

# Why are we doing this



- Public Health says this is appropriate for us based on Camden’s risk level right now
- We are not in the same situation that we were in March and this is not the same type of lockdown
- We have more local and service knowledge about how to help prevent infection spread and more mitigations in place (risk assessments, PPE, bubbles, rota, staggered start and finish times, reduced use of public transport etc)
- There are many more local and national resources mobilised now than there were in March (image is from Camden Public Health showing the range of actions and resources now in place)
- This is not to say there isn’t still risk. There is.
- It is possible that a ‘circuit break’ full lockdown, (more like the first national lockdown) or a move to Tier 3, may happen. If that happened, we would consider whether to move back to phase 3 of our emergency management plan





# What will happen next

Managers this week will spend time with you making sure your individual risk assessment is up to date.

This is particularly important for staff who were previously shielding, who live with people who were previously shielding, and for Black, Asian and minority ethnic staff

If your risk assessment says you need a parking permit, please do apply for one (or apply to extend your current one)

Managers will do a check-in with all staff to make sure you're doing okay and to help you if you're not doing okay (and its always okay to not be okay – this situation is not easy by any means)

Make sure you have the PPE you need - your starter packs can be restocked and sent to your home if you need it

Revisit the Camden and Islington Home Visit Guidance to refresh yourself, if you need to



# What you can do to help

Clear case notes – so if you can't come to work, there is a clear record of up-to-date work for someone else to pick up for you

Ensure you escalate with your managers when you have gaps in contact with families or concerns about families

Pull on existing networks and local community provision to wrap help around families, particularly in the event that you can't be there for any reason

Be proactive in talking with families about a second national lockdown and what they may need this time round

Work as close to timescales as you can – as a system we need to keep moving and creating capacity to help more families - carrying work over longer than it needs to slows us down.

Keep looking after each other – do all the things you've been doing together to hold each other through this journey – and let us keep looking after you

Stay vigilant – keep following our procedures and the Public Health guidance



# Resources to Help



The Guidebook Policies and Procedures for Face-to-Face Visits

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-visits-guidance-and-procedures/>

The Camden and Islington Public Health Guidance on Home Visits

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-visits-guidance-and-procedures/>

The Guidebook information on local lockdowns and Tier restrictions (updated daily) <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/social-distancing-government-guidance/#main> and <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/local-lockdown-guidance/#main>

The List of Alternative Venues for Visits

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/alternative-venues-for-visits/>

Your individual risk assessment – do make sure this is up to date

Refresher on the Helping To Prevent Infection Spread webinar

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-visits-guidance-and-procedures/>

Your supervision time, your weekly check-in with your manager, your reflective group supervision spaces and your clinically guided spaces

## Q and A