## FPM Reflective Practice Resource

## Family Partnership Model Reflective Practice PARTNERSHIP REVIEW Reflective Practice Sheet 7

Off-load: Reflect freely about thoughts, feelings and actions in relation to a contact.

Reflection: Use the prompts to purposefully reflect on Now, Outcomes and Possibilities.

Now: Make a note of where you and the parent are currently in the work.

Outcomes: Reflect on the outcomes of the partnership-based task of the Helping Process considering strengths and difficulties.

- Parents and practitioners have reviewed the impact and experience of Implementation.
- Implementation effort and success have been acknowledged and appreciated, difficulties and challenges identified with parents and addressed.
- The impact of the Helping Process on goal and outcome progress have been explicitly explored and reviewed.
- The quality and effectiveness of the parent-practitioner partnership and other Helping Process tasks have been explored and reviewed.
- Necessary amendments and next steps to the Helping Process have been discussed together and put into practice.

Possibilities: Consider where you'd like to be in the work and what is possible.

Planning Action: Deciding on the next steps, for the Helping Process, the Partnership and your action to be taken moving forward. Keep it SMARTER!