



SAFE UNCERTAINTY

What is the most important thing we need to be focussing on just now?

What would you like me to help with just now?

Who do you trust, what support do you have around you at this time?

If something important or worrying was happening who would you tell?

What do we need to do to reassure me and make me feel less worried?

What can we do together to help?

Because you have told me that, I need to take this action, how do you feel/think about that?

I need to keep you and your family safe, so I am going to talk to..... how do you feel about that?

What needs to happen to make things safe for your child?

What would need to change to make you feel safe and happy?