

COVID Email Update 17 August 2020

Good morning to you all, I hope you and your own families are all doing ok. I am on leave this week back on Monday 24 August, but have asked Tim Cosh to send you my weekly bulletin.

Updates for you this week:

Lone Working Policy Updated to Reflect COVID-Related Risks

Our lone working policy has been updated to reflect what to do if you find COVID symptoms in a home or alternative venue that were previously undisclosed or unreported during the pre-visit checklist. You can find the updated policy here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/lone-working-and-assessing-other-risks/#main>. Please do take a few minutes to read section 6.3 so you know what to do if you find yourself in this situation. Your line manager will also talk you through it in your next supervision or weekly check-in, and your service manager will raise it during your next team meeting.

Local Lockdown Guidance

You may have seen there is now a Guidebook page with a link to the latest Government information on lockdowns or restrictions in force in local areas. You can find it here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/local-lockdown-guidance/#main>

Webinar Series Is Back In September

We have a brilliant line up of webinars planned for September, including 'Race, Identity, Power and Trauma' with Jasmine Chin, Clinical Psychologist from Coram to help us explore race, white privilege and ourselves in the practice of helping families, and 'Emotionally Based School Avoidance and COVID', led by educational psychologists Katie Partridge and Ellie Hayes to help us think about supporting children feeling anxious about returning to school. Calendar invites to follow soon.

Employment and Debt Support

A reminder that Good Work Camden is helping people to seek employment, and CAB, Kentish Town Community Centre, KCBNA, Hopscotch and many others are actively supporting people to manage debt and helping people get ready for seeking employment or retraining.

I can't stress enough how important our connections with these services are, as the furlough scheme and self-employment financial support scheme begin to end and residents face increased risk of job loss, income reduction or debt. Demand for these services will be growing significantly in the weeks and months ahead, so do reach out early if you are working with parents or young people experiencing employment or debt issues. You can find more info on the Guidebook here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/employment-income-and-benefits/finding-a-job/#main> and here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/legal-and-debt-advice/>

Recovery College

Recovery College is back for the autumn term and running a wide range of courses including dealing with debt, getting a good nights sleep, how to cope with traumatic events, and many more. Recovery College is a beautifully non-judgemental model, led by people with lived experience of recovering from mental health challenges. More info here <https://www.candi.nhs.uk/our-services/education-and-employment/recovery-college>

Weekly Survey

The weekly survey is open for you to let me know about any family needs emerging over the summer, and to tell me how the return to face-to-face work is going for you and for families, This weeks survey link is here [**FSCF FAMILY NEEDS SURVEY W/C 17 AUGUST**](#)

New information uploaded to the COVID Guidebook this week link here
<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/>

<p>A Poem About Plans</p> <p>A beautiful expression from a family perspective of why assessments and plans matter https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/assessments-and-plans-guidance/#main</p>	<p>New Summer Activities</p> <p>Lots more ideas for things to do for children and families over the summer, including summer play schemes and a packed summer programme from our amazing friends in community centres and projects – well worth checking out https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/childrens-activities-and-home-learning/summer-holidays-things-to-do/</p>	<p>Holiday Food Programmes</p> <p>More food and activity hubs now running in Camden for families with low income or children eligible for FSM https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/food/summer-food-programmes/#main</p>
<p>Test and Trace – The Testing Process</p> <p>Government information about how the testing process works, including testing at home https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/tests-for-covid-test-and-trace/#main</p>	<p>Recovery College</p> <p>A programme of supportive courses run by people with lived experience of recovering from mental health challenges, back for the autumn term. https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/keeping-families-emotionally-well/keeping-parents-emotionally-well/#main</p>	<p>Castlehaven Foodbank – New Telephone Number and Collection Address</p> <p>Castlehaven Foodbank have a new telephone number and new address for pick up of emergency food parcels. Details here https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/food/foodbanks/#main</p>

We are now in week 22 of COVID, and our capacity and referral rate continues to hold steady. Stay safe and well and, as always, shout if there is anything you need.

Becca

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