### **COVID Email Update 27 July 2020**

Good morning to you all, I hope you and your own families are all doing ok.

Updates for you this week.

#### **Black Lives Matter Update**

I'll be emailing you separately with an update on the work we've all been doing in response to the Black Lives Matter movement. Lots of activity and reflection going on across every team and corporately, and I'll set this out in that email.

### Face-to-Face Visits - Flowchart, Pre-Visit Checklist and Guidance Notes

After last weeks whole service briefing, you can now find all the new procedures and guidance for face-to-face visits on the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-visits-guidance-and-procedures/#main">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-visits-guidance-and-procedures/#main</a>. Remember these are the procedures if a family chooses blended visits (face-to-face one week and remote the next). If a family chooses virtual visits only, keep following the COVID guidance for virtual visit telephone/video calls and casenoting.

## **Sending Packs to your Home**

Thanks to everyone who has replied to say whether they would like their starter pack (containing a washable face covering, hand sanitiser and sanitiser wipes) sent to your home or if you would prefer to collect from 5PS. If you haven't had a chance to reply yet, could you email me as soon as you can to let me know? Packs will start to go out from Tuesday, and will be sent second class signed for.

### Seating at 5PS

All of our seats on the 7<sup>th</sup> floor are now numbered and labelled. Photos attached, and I hope this helps to signpost you to your seat (with a warm personal welcome too!).

#### Webinars - Getting Ready for Face-to-Face Work

A reminder that there are two more 'getting ready for face-to-face work' webinars available for you to come along to this week, one on Tuesday and one on Wednesday. These are a space to go deeper into the Public Health Guidance on home visits and our pre-visit checklists, and to explore practical ways to help prevent infection spread before, during and after a face-to-face visit. Do come along if you would find it helpful.

## Letters to Families – Returning to Face-to-Face Work

A reminder to send your information letters out to children, young people and parents ahead of returning to face-to-face work from 3 August if you haven't already. You can find the letter templates on the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/#main">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/#main</a>.

#### **Holiday Food Programmes**

I've started a new Guidebook section on centres and organisations providing holiday food programmes in case this is something your families are telling you they need. You can find it here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/food/summer-food-programmes/#main">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/food/summer-food-programmes/#main</a>

#### **Summer Activities**

Loads of summer activities for children and young people going on in Camden this summer despite COVID, and there have been lots more options added to the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/childrens-activities-and-home-learning/summer-holidays-things-to-do/#main</a>

## Google Live Transcribe and Facemasks

A helpful tip from a paramedic. Google Live Transcribe is free on google play store and immediately interprets speech onto a mobile screen in whatever language you choose. Ideal if you are working with a family who rely on lipreading or who may find it difficult to understand

you when you are wearing a facemask. More info on the facemask section of the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/face-masks-and-face-coverings/#main">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/face-masks-and-face-coverings/#main</a>

#### Alternative Venues for Visits

We're nearly there with securing a set of venues booked in advance throughout August, and this will be posted on the Guidebook by the end of the week with instructions on how to book an hours slot. Sincere thanks to Elaine Crouch for all her support with this mammoth task! The Guidebook section is here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/alternative-venues-for-visits/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/alternative-venues-for-visits/</a>

## Weekly Survey

Although we are now in a very different space with COVID, I am keeping the weekly family needs survey going for another 8 weeks. This is mainly so you can keep telling me direct how the return to face-to-face work is going for you and for families, if any of the processes needs amending, and if there are other things that you or families feel you need. This weeks survey link is here FSCF FAMILY NEEDS SURVEY W/C 27 JULY

New information uploaded to the COVID Guidebook this week link here <a href="https://ascpractice.camden.gov.uk/early-help-quide/family-early-help-covid-quidebook/">https://ascpractice.camden.gov.uk/early-help-quide/family-early-help-covid-quidebook/</a> - the One Note Guidebook is no longer being updated, so please use the web-based Guidebook

## Exploring Trauma through Hiphop

A brilliant music video made by young people from Islington explaining the impact of stress and trauma on the brain. Ideal if you are working with young people and looking for another way to help explain trauma and stress.

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/keeping-familiesemotionally-well/

### **New Summer Activities**

Lots more ideas for things to do for children and families over the summer, including summer play schemes and a packed summer programme from our amazing friends in community centres and projects – well worth checking out

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/childrens-activitiesand-home-learning/summerholidays-things-to-do/

### Face-to-Face Visits: New Guidance and Procedures

The face-to-face visit flow chart, pre-visit checklist, casenoting procedure and other guidance are now all on the Guidebook https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-visits-guidance-and-procedures/#main

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## Alternative Venues for Visits

More venues added already, and broken down by postcode area

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/alternative-venuesfor-visits/

## Helping Young Children Get Used to Facemasks

As facemasks start appearing everywhere, some younger children may find these a bit frightening to start with (although they don't have to wear them). Graphic designer Nick Sharratt has created some lovely images and colouring sheets which you could use to story-tell with younger children https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/covid-nhs-andgovernmentinformation/explaining-covidto-children/#main

## Face Mask Information In 35 Different Languages

A brilliant initiative by a group of volunteer doctors and medical students who have produced a range of leaflets in 35+ different languages. Free to download. Includes information on face coverings and masks

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/covid-nhs-andgovernmentinformation/covidinformation-in-otherlanguages/#main

# LGBTQ+ Domestic Abuse Refuge

The Outside Project have opened a refuge to support members of the LGBTQ+ community fleeing from domestic abuse or violence https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/conflict-or-violence-in-the-home/links-to-other-domestic-violence-support-in-camden/#main

## Parliament Hill Lido and Athletics Track Now Open

Another option for families looking for activities during the summer. Pre-booking required https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/childrens-activities-and-home-learning/summer-holidays-things-to-do/#main

We are now in week 19 of COVID, and our capacity and referral rate continues to hold steady. Volume of contacts at front door has started to increase again, and we're anticipating that referrals for family casework will now start to increase too as more of the shutdown measures are lifted. We start going back to face-to-face work from next week, and many of you have already started to meet your families face-to-face in outdoor spaces.

As always, please be kind to yourself and patient with yourself so you adjust to these changes in your own way. I'll continue to plan for whatever the future brings for us, and do all I can to help keep you as safe and well as possible.

Becca

Becca Dove Head of Family Support and Complex Families