

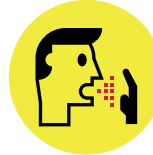
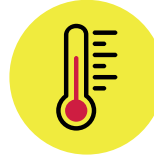
Si loo ilaaliyo iskuulkeena oo dhan Bulshada iyo qofkastoo nabaddoon ilaali ...



fadlan **Joog guriga** haddii ilmahaagu
ama qof kasta oo reerkaaga ka tirsan
uu leeyahay calaamadaha
coronaviruska

Ka digtoonow astaamahan midkood:

- Qandho sarreeya
- Qufac cusub oo joogto ah
- uu kaa lumo, ama isbeddel ku yimaadda dareenka urka ama dhadhanka



Haddii ilmahaagu ama qof reerkaaga ka mid ahi leeyahay astaamo:

- Guriga joog
- Is-go'doomi oo is baar
- U sheeg iskuulkaaga in qof ka tirsan qoyskaaga uu yeelan karo Fayruuska corona

Soo ogow sida loo helo imtixaan/baaris, iyo ilaa inta la is go'doomiyo nhs.uk/coronavirus
Haddii imtixaan/baaris la qaaday, natiijada soo baxayna sheegeysa in uu cunuggaagu laheyn calaamadaha, waxaan sugaynaa inaan dib ugu aragno dugsiga/iskuulka!