#### **COVID Email Update 13 July 2020**

Good morning to you all, I hope you and your own families are all doing ok.

Updates for you this week.

### Returning to Face-to-Face Work Plan

Thank you to everyone who came to last Thursdays briefing on our plan for moving from phase 3 to phase 2 of our emergency management plan from 3 August. The plan for returning to face-to-face work and using office accommodation and the briefing slide pack are on the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/</a>

## Q and A Drop-In Sessions on the Returning to Face-to-Face Work Plan

I have sent you calendar invites for some drop-in sessions about the plan. This will be a space for you to ask any questions or raise any worries or concerns that you'd like me to know about and talk through. These are not mandatory, but if there is anything you need clarifying please do come along. You only need to come to 1 session and only if you have any questions or worries to raise.

## **Bubble Allocations and Seating Plans**

I have uploaded the bubble allocations (so you can see which bubble you are in) and the 5PS seating plan (so you can see which seat on the 7<sup>th</sup> floor you have been assigned) onto the Guidebook. You can find them here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/</a>. Bubble rotation weeks later this week so you will be able to see at a glance whether your bubble is on Camden week or Remote week from 3 August onwards.

# Webinars - Getting Ready for Face-to-Face Work

I have arranged these webinars to help us get ready for returning to face-to-face work. The sessions will explore the Public Health Guidance on Home Visits, the face-to-face visits checklists, identify practical ways to help prevent infection transmission, and some simulated examples so we can feel more confident and prepared. Calendar invites have been sent. Again these are not mandatory but if you would find them helpful, please do come along. You only need to attend 1 session.

## **Changes for Children Who Are Shielding**

On 6 July, the Government announced that the majority of children currently considered extremely clinically vulnerable will start to be removed from the shielded patient list. Children will only be removed from the list by their GP or specialist doctor following consultation with the child and their family, and they will contact them over the summer. You can find more information about this here <a href="https://www.gov.uk/government/news/majority-of-children-no-longer-need-to-shield">https://www.gov.uk/government/news/majority-of-children-no-longer-need-to-shield</a>. If you are working with a family who has a child who has been shielding, this may cause anxiety and worry, so it is worth looking at the government announcement so you can support the family during this change. If you are a parent of a child who is shielding, please do talk it through with your line manager so we can make sure you have the support you need.

#### **Alternative Venues for Visits**

As we start to find more places and spaces re-opening around Camden that you can use as an alternative to visits in the home, we will add them to this new Guidebook section. Kentish Town City Farm is our first addition! Its free, you book a slot, and you and the family will have the farm to yourself for 45 minutes. More alternative venues on the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/alternative-venues-for-visits/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/alternative-venues-for-visits/</a>

#### Things To Do This Summer

A new Guidebook section where we'll keep lots of info about courses, activities and things to do over the summer holidays. First up – Bloomsbury Sports Summer Camps, Camden

Summer University and Pirate Castle Holiday Clubs, all open for the summer. More info here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/childrens-activities-and-home-learning/summer-holidays-things-to-do/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/childrens-activities-and-home-learning/summer-holidays-things-to-do/</a>. If you find any summer holiday activities, please do share them and we'll get them on the Guidebook.

# **Debt Advice – Urgent Message from CAB**

Camden CAB are urging us to make sure any families who may have existing debt or may be facing redundancy or rent payment problems to get connected to a deb support service as quickly as we can. This is because as the furlough schemes, eviction freezes and other government financial supports begin to end over the next few weeks, demand for debt advice will rise very quickly. You can find links to lots of Camden debt advice services on the Guidebook here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/legal-and-debt-advice/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/legal-and-debt-advice/</a>

# **Weekly Survey**

Please take 5 minutes to complete this weeks family needs survey here (use this link as we start a new survey each week) <u>FSCF FAMILY NEEDS SURVEY W/C 13 JULY</u>. Thanks for continuing to complete this each week, it really does help to make sure you're able to flag up the issues families are experiencing so we get the right solutions in place.

New information uploaded to the COVID Guidebook this week link here <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/</a> - the One Note Guidebook is no longer being updated, so please use the web-based Guidebook from now on

#### **Emotional Regulation Toolkit**

A new resource in the Remote Direct Work Kitbag with simple, practical activities to try with parents and children to support emotional regulation

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/fscf-proceduresduring-covid/remote-directwork-kit-bag/

#### **UN Rights of the Child**

A new resource in the Remote Direct Work Kit Bag emphasizing how direct work supports children to assert and achieve their rights

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/fscf-proceduresduring-covid/remote-directwork-kit-bag/

## Government Guidance – Local Lockdown Guidance

There is a new section on the Government COVID site linking to local lockdown guidance. Limited at the moment to Leicester but will be added to over time. Your own local authority should also have published its local outbreak plan.

https://ascpractice.camden.go v.uk/early-help-guide/familyearly-help-covidguidebook/covid-nhs-andgovernment-information/locallockdown-guidance/

# Government Guidance – Children who are Shielding

Latest information for families who have children who are shielding

https://ascpractice.camden.gov .uk/early-help-guide/familyearly-help-covidguidebook/covid-nhs-andgovernmentinformation/clinicallyextremely-vulnerable-high-riskpeople-shielding/

# Test and Trace / Contact

More information about what the test and trace programme is, how it works and what to do if you are contacted. Includes a slide pack from Public Health <a href="https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/tests-for-covid-test-and-trace/">https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/tests-for-covid-test-and-trace/</a>

#### Alternative Venues for Faceto-Face Visits

A new section which will grow over time, with ideas for venues to have a face-to-face visit with a family if they would prefer not to meet in the family home

https://ascpractice.camden.gov .uk/early-help-guide/familyearly-help-covidguidebook/alternative-venuesfor-visits/

#### Priority Supermarket Deliveries

Camden is still participating in a scheme for priority supermarket deliveries for

# Food for All (NW1, N1C, NW5)

Food For All provide food and meals for residents from a

# Domestic Violence Emergency Legal Protection and Injunction Service

Information about the National Centre for Domestic Violence people who may be more vulnerable to the effects of COVID. Applies to Tesco and Iceland only. More information here

https://ascpractice.camden.gov .uk/early-help-guide/familyearly-help-covidguidebook/food/options-1-and-2-supermarket-vouchers/ range of locations in Camden. Information here

https://ascpractice.camden.gov .uk/early-help-guide/familyearly-help-covidguidebook/food/option-3emergency-food-parcels/ who can help with emergency legal protection and injunctions https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/conflict-or-violence-in-the-home/emergency-legal-protection-and-emergency-injunction/

# West Hampstead Way Community Support

The West Hampstead Covid-19 community response group was set up to offer help and assistance to the NW6 community.

https://ascpractice.camden.gov .uk/early-help-guide/familyearly-help-covidguidebook/local-communitysources-of-support/communityorganisations/

# Summer Holidays – Things to Do

A new section with information about activities, courses and things to do over the summer break

https://ascpractice.camden.gov .uk/early-help-guide/familyearly-help-covidguidebook/childrens-activitiesand-home-learning/summerholidays-things-to-do/

We are now in week 17 of the shutdown (or perhaps 'the next phase of the COVID period' is more accurate as shutdown begins to lift), and our capacity and referral rate continues to hold steady. This month will be focussed on getting ready for our gradual and gentle return to face-to-face work and using office accommodation again. I will do as much I can to help us all prepare practically and emotionally (me included), and to adjust to the new things we will have to do as we begin to meet families – and each other – again. If there are things you need that I'm not doing, then please do shout.

The summer may also be a challenging one for many of us to navigate, particularly those of you with children or caring responsibilities, and limited options on childcare and holiday play schemes. Please do talk with your line manager about any worries or concerns you have about the summer period, so we can think together about how to make sure you have the support you need. I do hope you all have an opportunity to get a break from work this summer to rest and restore, even if it is at home.

My sincere thanks to you as always, and stay safe and well.

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