

COVID Email Update 29 June (sent 6 July)

Good morning to you all, I hope you and your own families are all doing ok. I am on leave this week, but wanted to make sure you got an email update as there have been a lot of changes in the last seven days.

Updates for you:

Next Whole Service Briefing on 9 July

A calendar invite has gone out to everyone for a briefing on 9 July at 11am, to hear about our plans for moving from phase 3 to phase 2 of our emergency management plan. This will include how your suggestions for phase 2 have been incorporated into the plan, It will also cover your responses to our Returning to Face-to-Face Visits Survey and my subsequent proposals for gradually and gently re-introducing face-to-face visits and office accommodation. A representative from Public Health should also be joining us to answer your question. This is the first of many opportunities we will have talk about this over the next few weeks, and I hope you will be able to attend so we can all begin to get ready.

Returning to Office Working – Guide and FAQs

I have read all of the comments you made in the survey, and will be replying to each of them by the end of the week latest. In the meantime, the attached Guide and FAQs from Corporate on returning to office working may help to answer some of your questions. I have uploaded these into a new Guidebook section and you can find it here

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/returning-to-offices-and-face-to-face-work/>

Parents Guide to Black Lives Matter

This is a comprehensive and helpful guide to support parents to talk with their children about racism, allyship, white privilege and the Black Lives Matter movement. Sincere thanks to Shabnam Ahmed and Sandra Soteriou for sending it to me.

Photos of 5PS Social Distancing Measures

As one of the FSCF oncall managers at 5PS, I have been in the building once or twice a week over the last 3 months. I've noticed a number of changes as the buildings management team begin to get 5PS COVID-secure. I took some photos to share with you, so you can see some of the things being done to help make the building fit for social distancing. These are on the attached document (and in the Corporate returning to work in our buildings document too).

New Government Guidance – Further Relaxation of Social Distancing Measures

On 23 June, the Government announced further changes to social distancing, I have uploaded the Governments FAQs on what you need to do before 4 July, and what you need to do after 4 July when the new relaxations come into force. You can find these on the Guidebook here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/social-distancing-government-guidance-from-5-june-2020-onwards/#main>

New Government Guidance for People who are Shielding

On 22 June, the Government issued new guidance for people who are shielding. This will mean a big change for those of you who have been shielding, or who live with someone who has been shielding, since March. You can find the latest government guidance here <https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>. If you have been shielding, or live with someone who is shielding, your line manager will have talk with you about these new measures and make sure we do everything we can to support you. If you have been supporting a family who have been shielding, please make sure you read the guidance so you know what to expect.

Government Guidance on Working in Peoples Homes

The Government has updated its guidance for working in people's homes. This should be read alongside the home visiting guidance from Camden and Islington Public Health if you

need to do an emergency home visit, as it contains helpful information for supporting reducing transmission. You can find both sets of guidance here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-and-home-visits-guidance/#main>

Camden Summer University

The brilliant Summer University is back. Young people aged 13 to 19 years old can choose from free online and socially distanced courses in arts, sport and life skills. It's free to enrol for young people who either live in Camden, go to a local state school or attend a Council-run youth centre. Summer University runs from 27 July to 28 August and offers young people an opportunity to stay safe, have fun, learn something new, make new friends and gain accreditations to put on their CV for work, an apprenticeship, college or university. Online courses are available to view from 29 June and socially distanced courses from 6 July 2020. To find out more, visit cmdn.co.uk

Face Masks

There is a new visual on the Guidebook from the World Health Organisation on do's and don'ts for wearing face masks. You can find it here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/face-masks-and-face-coverings/#main>.

I have also sourced some washable lip-reading facemasks. These facemasks have a clear panel so you can see the wearer's mouth. I thought these might be helpful to have when we eventually return to face to face work, acknowledging that masks might be a bit frightening for some children. We've ordered a stock of these masks and if they're good we'll order enough for each of you and send one to you to your home.

Weekly Survey

Please take 5 minutes to complete this weeks family needs survey here (use this link as we start a new survey each week) [FSCF FAMILY NEEDS SURVEY W/C 29 JUNE](#) . Thanks for continuing to complete this each week, it really does help to make sure we are getting you useful information and resources.

New information uploaded to the COVID Guidebook this week link here

<https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/> - the One Note Guidebook is no longer being updated, so please use the web-based Guidebook from now on

<p>Government Guidance – Shielding</p> <p>There is new guidance for people who are shielding, and the shielding programme will be paused from 1 August</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/clinically-extremely-vulnerable-high-risk-people-shielding/#main</p>	<p>Government Guidance – Social Distancing</p> <p>There is new guidance coming into force 4 July to further relax social distancing measures .</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/social-distancing-government-guidance-from-5-june-2020-onwards/#main</p>	<p>Government Guidance – Working in Peoples Homes</p> <p>There is updated guidance for how to work safely in peoples homes. This should be read and used in conjunction with Camden Public Health Home Visiting Guidance</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-and-home-visits-guidance/#main</p>
<p>Face Masks and Coverings</p> <p>There is a new visual from World Health Organisation on do's and don'ts for wearing facemasks. Remember face masks must be worn on public transport and on hospital visits.</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/face-masks-and-face-coverings/#main</p>	<p>Individual Risk Assessments</p> <p>If you're planning to do a face-to-face visit with a family in an open space, please talk with your line manager before the visit about completing an individual risk assessment. You must also contact the family 24 hours before the visit to check if there are any</p>	<p>Just for Kids Law</p> <p>Free legal support for young people aged 10-25 living in London. Support on a range of legal issues</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/legal-and-debt-advice/just-for-kids-law/#main</p>

<p>early-help-covid-guidebook/covid-nhs-and-government-information/face-masks-and-face-coverings/#main</p>	<p>COVID symptoms in the home, or if any family member is shielding or self-isolating. If yes, do not do the visit and advise the family to stay indoors.</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/face-to-face-and-home-visits-guidance/</p>	
<p>UCKG (NW6) – Food Parcels Delivering food parcels to residents in Kilburn and Finsbury Park</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/food/option-3-emergency-food-parcels/#main</p>	<p>Healthier Ready Meals Guide A useful booklet from Families for Life in Camden Learning thinking about ways to make healthier choices with ready meals</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/food/cooking-at-home/#main</p>	<p>Booklet for Parents About Return to School Camden and Islington Public Health have produced a booklet for parents who have children returning to school, to help answer some of the questions they may have</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/schools/schools-reopening-govt-advice-for-parents/</p>
<p>Videos for Parents on Supporting Children and Supporting Themselves Through COVID The Tavi have created two short videos to support parents of children and young people during the pandemic, presented by child psychotherapist Laverne Antrobus.</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/keeping-families-emotionally-well/keeping-parents-emotionally-well/</p>	<p>More Resources in the Remote Direct Work Kit Bag New section added with activities and resources to support TAFs, check-ins and reviews, including Blob Journey, Blob Swimming Pool and Take What You Need Cards from Karen Treisman</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/fscf-procedures-during-covid/remote-direct-work-kit-bag/</p>	<p>Recovering From COVID A new section containing various information and guides to support patient recovery from COVID (please do follow whatever advice is given by your GP or hospital, this is offered as general information)</p> <p>https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/covid-nhs-and-government-information/recovering-from-covid/</p>

We are now in week 15 of the shutdown, and our capacity and referral rate continues to hold steady. Our daily lives will change again on 4 July as more shops and venues begin to reopen, we begin to see friends or family members inside their homes (one at a time), and the 1 metre social distancing allowance (with mitigations like facemasks) comes into force. As has been our experience throughout the last 15 weeks, any change provokes big feelings – anticipation, anxiety, fear, sometimes a mix of everything all at the same time. So let's name those feelings and keep looking after each other so we get through the next phase of this extraordinary crisis together.

I will be back from leave on Monday 6 July. In the meantime, stay safe and well and as always if there is anything I can do for you, please do shout.

Becca

Becca Dove
Head of Family Support and Complex Families

Telephone: 020 7974 3603

