

COVID Email Update 8 June 2020

Good morning to you all, I hope you and your own families are all doing ok.

I will be writing to you all separately later today reflecting further on the tragic deaths of George Floyd and Breonna Taylor, and the widespread international condemnation and protests that have rightly followed since. That deserves dedicated time and focus, and not a quick paragraph in an email.

More general updates for you this week:

Our Plan In Response to the Phased Lifting of the Shutdown

The slide pack from our briefing session on 2 June is now on the web-based Guidebook (link is on the home page). A reminder that whilst we remain at phase 3 of our emergency management plan and home visits are still suspended until 1 July at the earliest, you do now have the option to do face-to-face visits with families in an open space where social distancing can be applied. To say again, this is not a requirement but you do now have that option available. If you would like to do an open-space, face-to-face visit with a family, please talk with your line manager so that you can complete an individual risk assessment together before the visit.

New Government Guidance Issued

The government have issued a range of new guidance following the lifting of certain shutdown restrictions. There are also new rules coming into force from 15 June that face masks must be worn on public transport and on hospital visits. You can find all the updated guidance on the Guidebook in the NHS COVID Information section.

Webinar – Harmful Parental Conflict and Programmes to Help

This webinar on Thursday 25 June 1.30 – 2.30 will provide helpful insight into harmful parental conflict and what we can do to help. Presented by Sarah Ingram, Programme Manager at Tavistock Relationships, the session will cover what parental conflict is and how it differs from domestic abuse or violence, what programmes are available for Camden parents experiencing harmful conflict in the family, and how to access them. Calendar invite will be sent shortly. We also have access to e-learning on harmful parental conflict, which will be available on the L and D Learning Pool within the next week. More details to follow soon.

E-Learning on Developmental Trauma now Available

As promised, we now have access to an excellent e-learning programme from Beacon House on developmental trauma. We would like all staff to do this e-learning within the next 8 weeks. Here is the link to access the e-learning
<https://camden.learningpool.com/course/view.php?id=901>

Spaces for Listening – My Invitation to You

An invitation to you to participate in “Spaces for Listening” – a 1 hour session using a listening rounds format for us to simply listen to each other, appreciate each other, and where we’re at. There are 3 sessions to choose from, each for up to 6 people. I do hope you will consider joining me. Click here to book <https://www.eventbrite.co.uk/e/spaces-for-listening-a-camden-family-early-help-staff-event-tickets-107449528432>

Test and Trace

Camden has issued guidance on the new test and trace scheme, and I’ve uploaded this and the general NHS test and trace information onto the Guidebook in case you or a family are contacted by the test and trace service. Please do familiarise yourself with the scheme and what to do so you’re prepared if you’re contacted.

Weekly Survey

Please take 5 minutes to complete this weeks family needs survey here (use this link as we start a new survey each week) [FSCF Family Practical and Emotional Needs Survey W/C 8 June](https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/) . This helps make sure I get you the right information, support and resources that you need as family needs change over time during this crisis. Thanks for continuing to complete this each week.

New information uploaded to the COVID Guidebook this week (web-based guidebook link here <https://ascpractice.camden.gov.uk/early-help-guide/family-early-help-covid-guidebook/>

and One Note guidebook link here [FSCF COVID GUIDEBOOK](#)):

Support for People with Autism The National Autistic Society have produced a range of information about COVID for people with autism In the Health section (long-term conditions and disabilities tab)	Booklet for Parents With Children Returning to School Camden and Islington Public Health have written a booklet for parents who have children returning to school, addressing some of the health related questions that parents may have In the Schools section	More Remote Direct Work Resources More ideas and resources for doing direct work with children, young people and families have been added, including a section thinking about use of apps and links to physical resources that can be sent direct to families In the FSCF Procedures section (remote direct work kit bag) – PLEASE NOTE THIS IS ONLY IN THE WEB-BASED GUIDEBOOK, NOT ON ONE NOTE
Test and Trace (for Families) The test and trace scheme, that aims to identify people who have been in contact with someone with COVID, is up and running. Details are in the COVID NHS Information section	Test and Trace (for Staff) Camden has issued guidance on what to do if you are contacted by the test and trace service. This includes guidance for managers regarding Oracle recording. In the FSCF Procedures section (test and trace for Camden staff)	Help to Purchase a Bike Camden has a scheme for staff to help you purchase a bike tax-free, including electric bikes. In the Transport for Workers section
Good Thinking – Digital Mental Wellbeing for London This is an interactive website offering support, advice and information about anxiety, sleep problems, stress and low mood In the Keeping Parents Emotionally Well section	Carers and Young Carers New section in the Guidebook, with information about support and help for people caring for a parent, sibling or other family member during COVID. Includes information about young carers assessments In the Carers and Young Carers section	New Foodbanks at Castlehaven (NW1) and Covent Garden (WC) These two organisations have started new foodbanks in their local areas (Castlehaven covers Camden Town with Primrose Hill). In the Food section

We are now in week 12 of the shutdown, and our capacity continues to hold steady. Our FSCF Spaces for Listening are available to anyone who needs them this week, to be heard, appreciated, and listened to, particularly given the events of the last two weeks.

Stay safe and well and as always, please do reach out if there is anything you need.

Becca

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