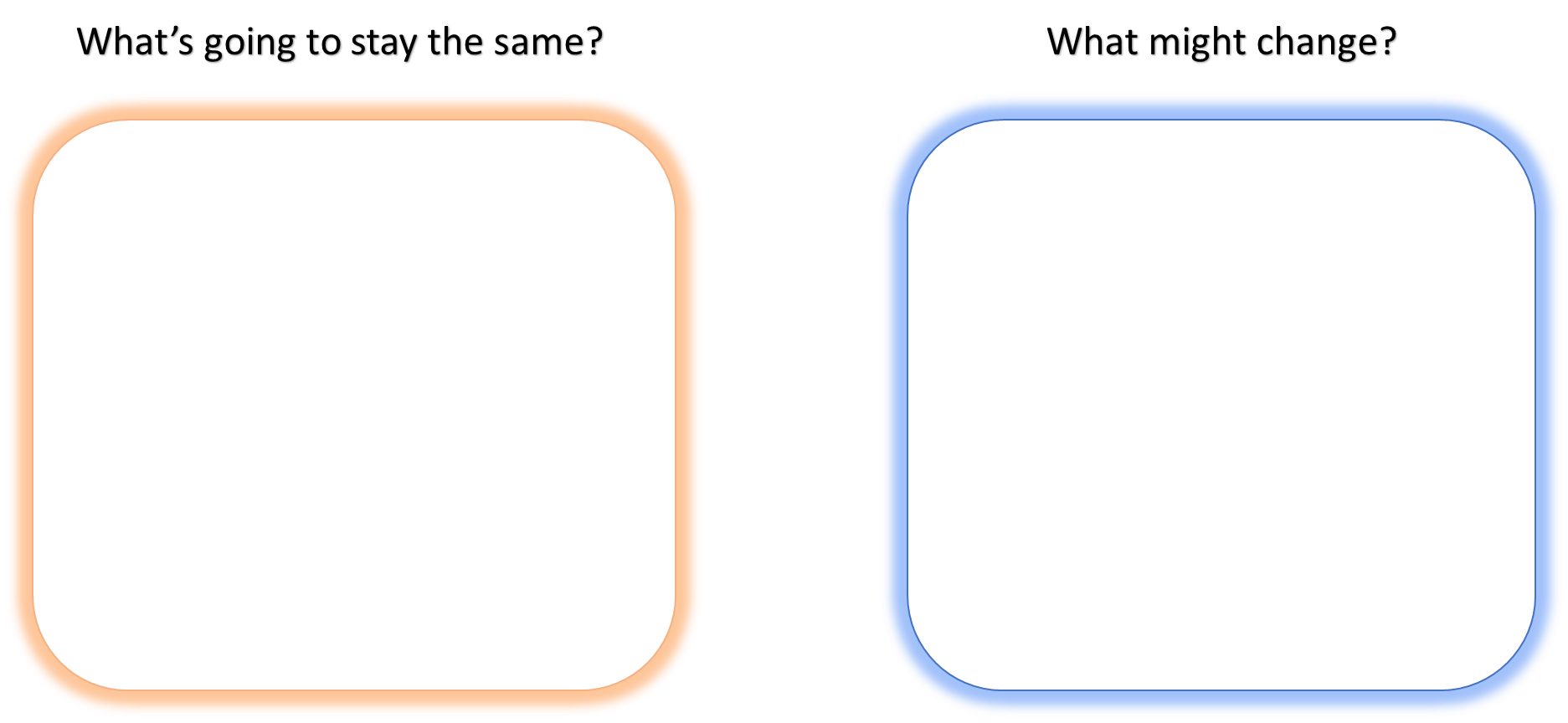
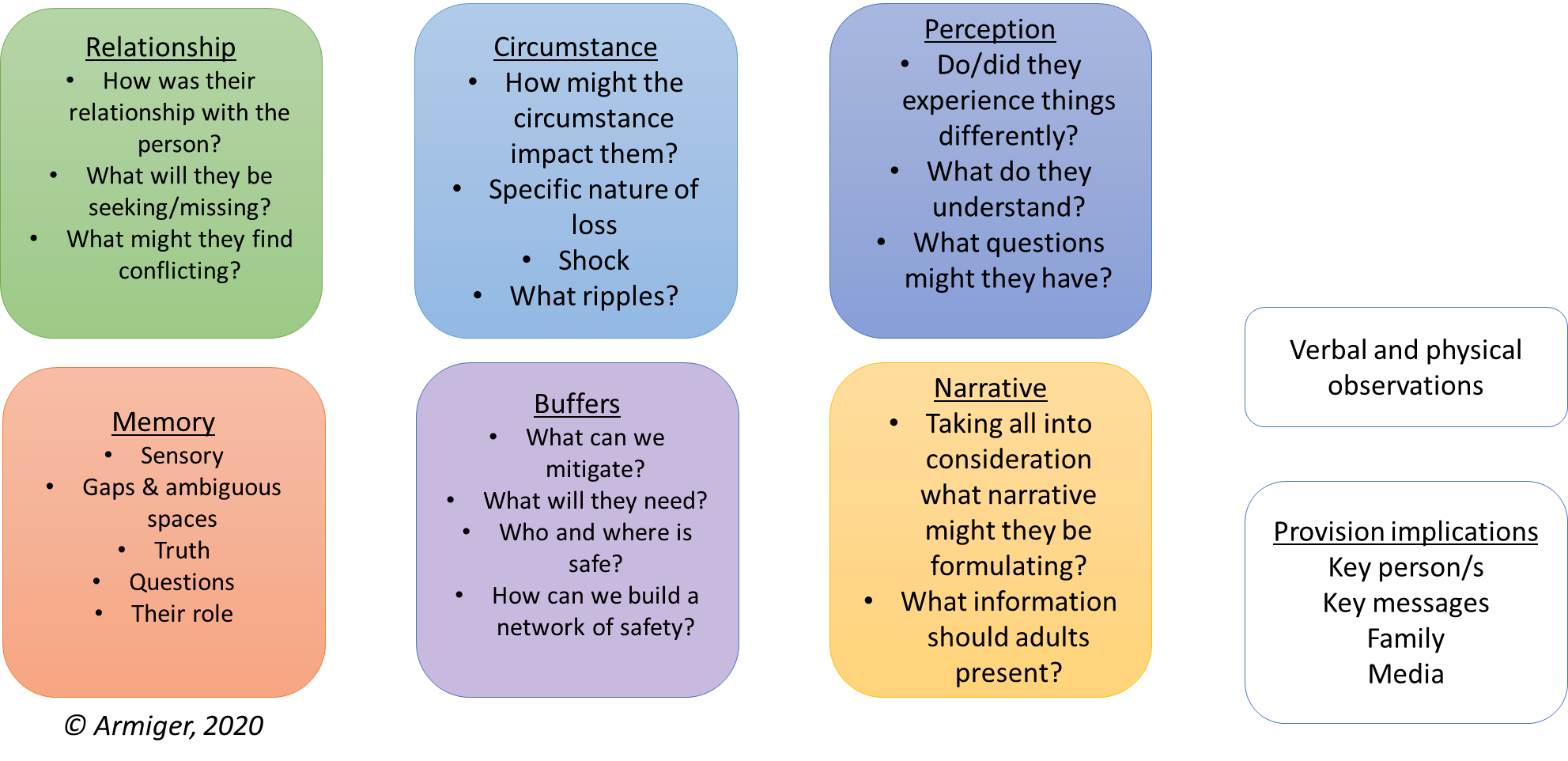
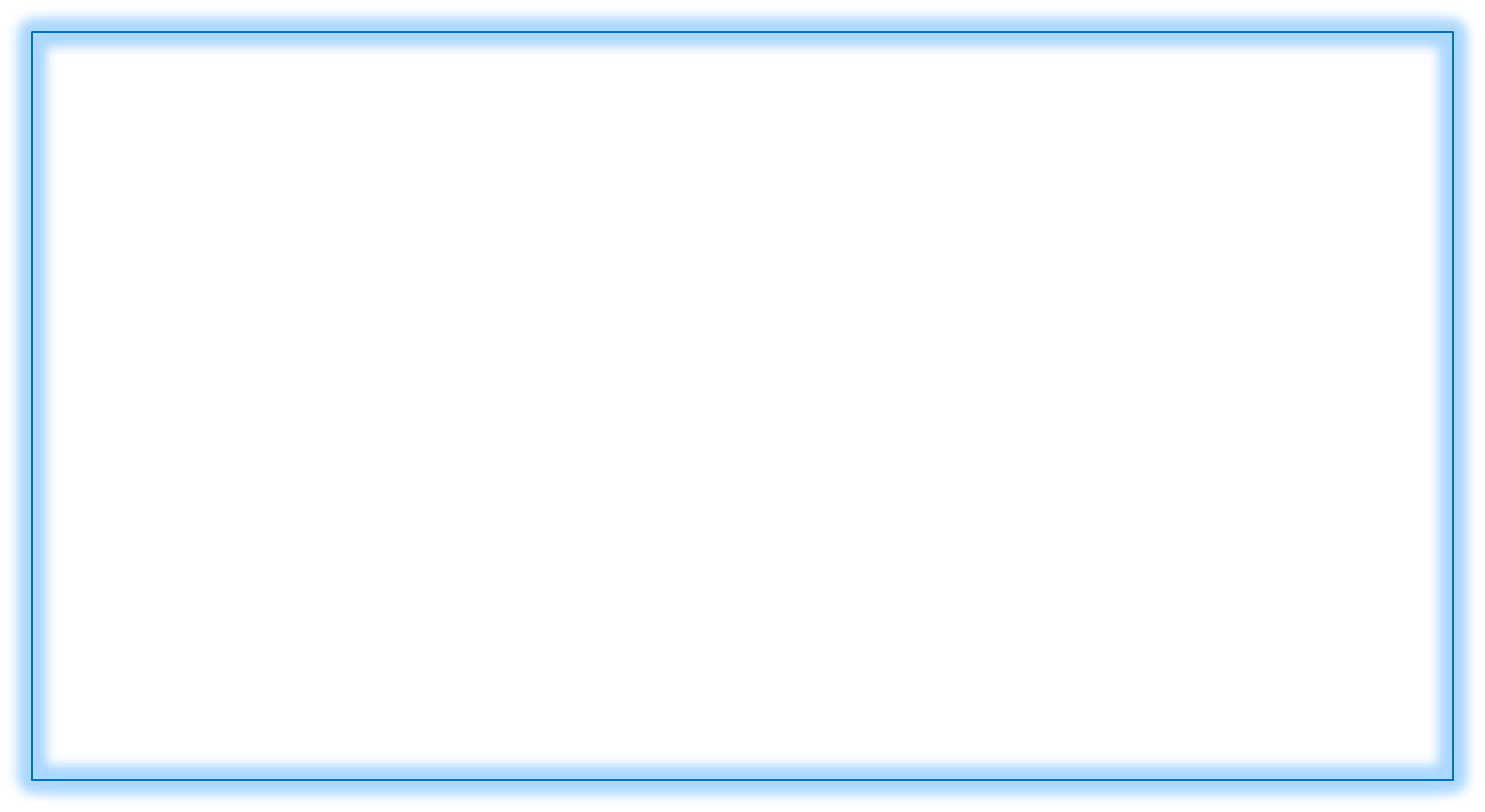
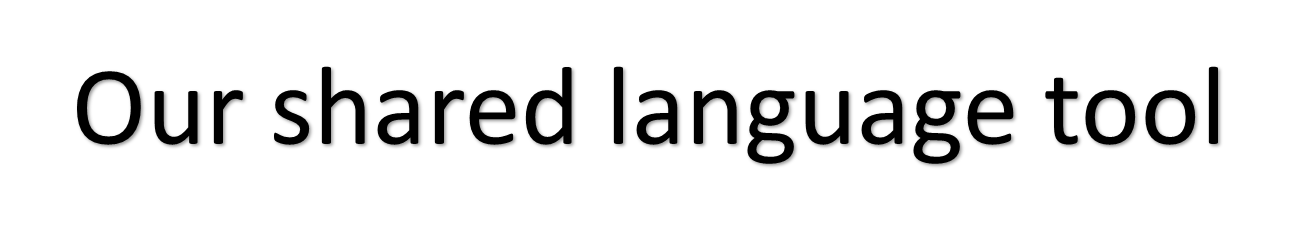


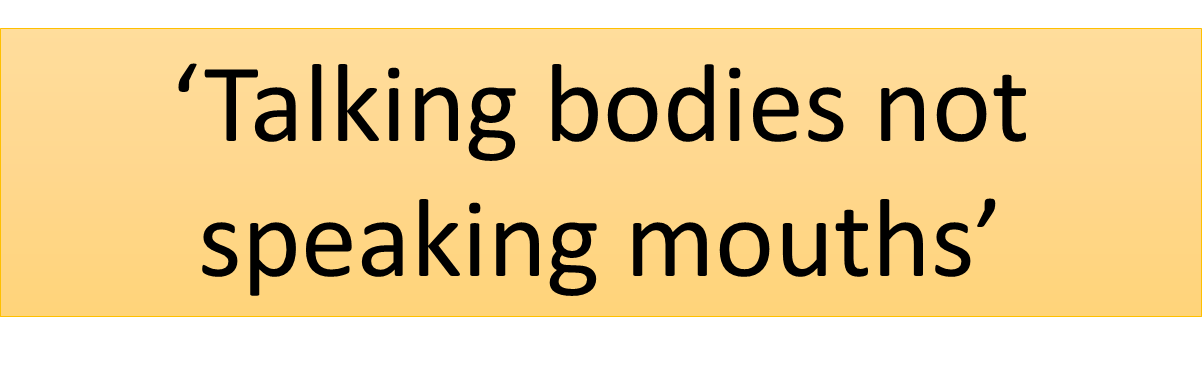
Resources

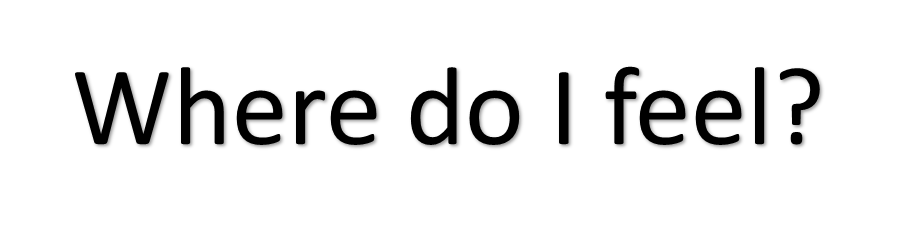


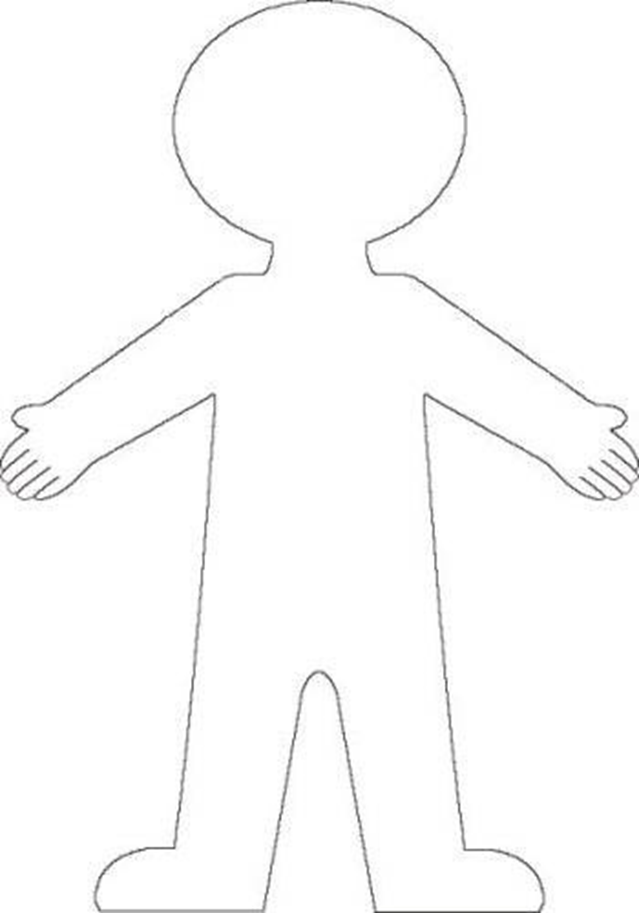






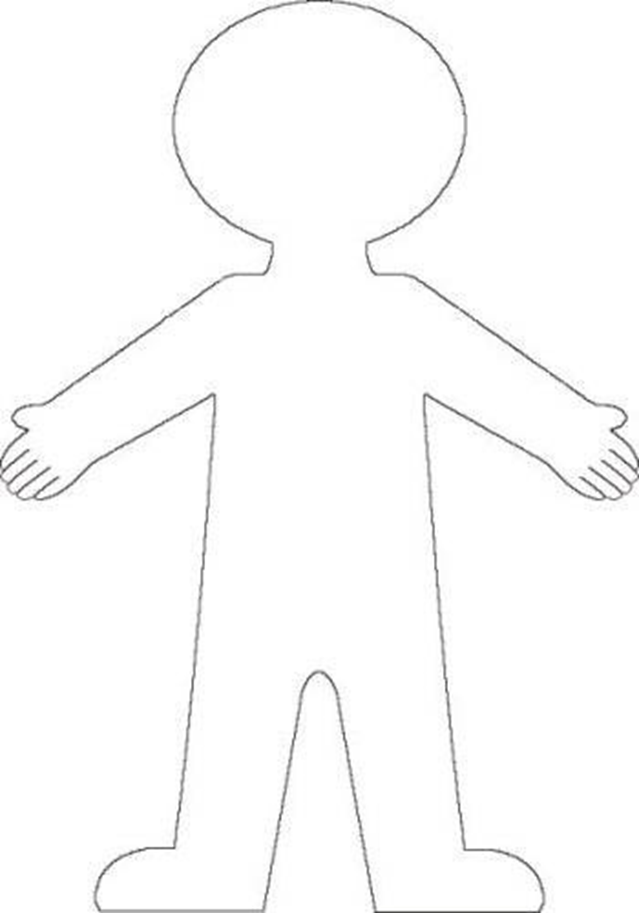


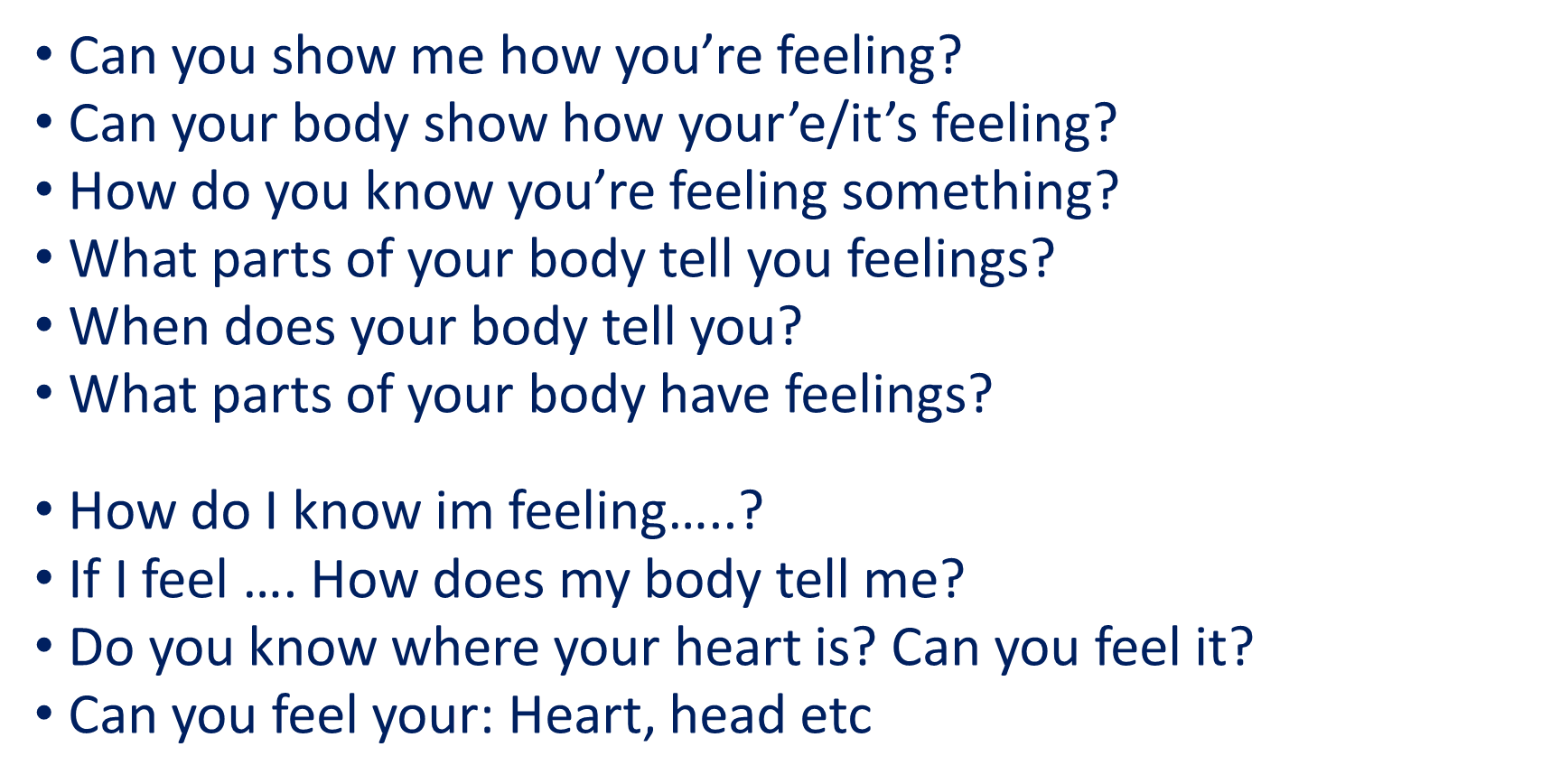




**Where do I feel?**

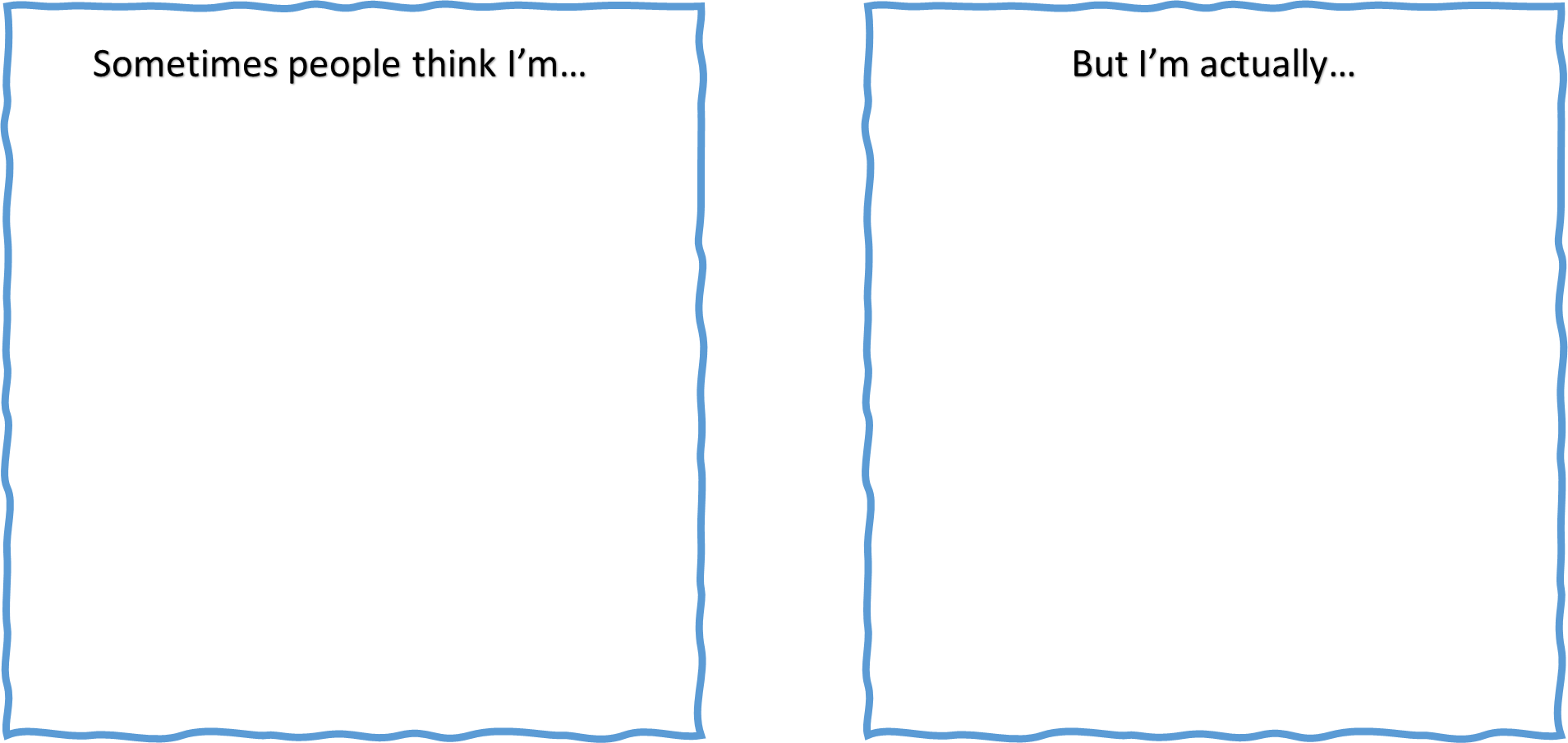
**Colour in where you feel.**





* How Does your body know it’s…?
* How does your breath change?
* Do you know where it is? Can you feel where it is?
* Can you use your body to show how you’re feeling?
* How do I know what someone is feeling?
* What does/could your body do?
* Can you show me….sad, etc (with body and face)
* Does your head feel? Full, busy, heavy etc
* Is your heart…?
* Can you feel your breath?
* When do your hands feel hot? Sweaty? wet?
* Does your stomach ever feel hungry when you’ve already eaten?
* When can you feel your stomach? When can you hear your stomach?
* How does your body tell you you’re feeling………
* How do I know someone else is feeling….?

But I’m actually…



Sometimes people think I’m…

