

Good morning to you all, I hope you and your own families are all doing ok.

Updates for you this week:

Update on Lifting Shutdown

As promised, I will be holding a briefing on our plans for the phased lifting of the shutdown next Tuesday at 10am. I have delayed it slightly because we still do not yet have Camden's proposals for making office accommodation COVID secure, and I am hoping we will get these plans sometime this week. Calendar invite for the briefing to follow later today.

Short Film on Camden Early Help

Comms have helped us make a 46-second film clip for families to say its okay to reach out during COVID (and any time). Less for the families you're already working with, but the link can be sent via local groups. You can find the film on Camden's youtube site here <https://www.youtube.com/watch?v=2mzz42UMw18>

TFL Plan for Lifting Shutdown Now Published

TFL have now issued their plan for increasing transport in and out of London. This includes increasing service levels on bus, tube, DLR and TFL Rail, and enabling social distancing. If you need to travel for work – and you should only do so in exceptional or urgent circumstances we're all still working remotely – then please do note that the TFL network will only carry around 13-15% of normal passenger numbers, even when 100% of services are running. So do plan journeys incredibly carefully.

The TFL transport plan is in the Guidebook (Transport for Workers section), and has a helpful link to checking busiest stations and station closures. There is also TFL information for schools which may be helpful for you to share with any parents who have children attending school or preparing for their child's return to school. This is in the Schools section

Psychological Impact of COVID – Free Online Course from the Tavistock and the Maudsley

This is a free online course and has been created to help understand and share knowledge about the mental health impact of COVID-19 and help people to cope with its challenges. The course aims to bring together emerging knowledge, with relevant information from existing research and evidence. The course examines the direct and indirect impact of COVID-19, strategies and steps that we can take, and possible future developments at the individual, group and organisational level. Link to the course is here <https://www.futurelearn.com/courses/psychological-impact-of-covid-19/1/welcome>

Camden Family COVID Conversations – Getting Family Voices Heard

I'm delighted that we and 9 of our VCS friends are starting a piece of work together to hear from families about their experience of COVID and what their hopes are for Camden and for their families after COVID. We'll be working in partnership with Sounddelivery, the award-winning charity specialising in digital storytelling. In the next two weeks, I'll be asking you to invite the families you're working with to participate in this important project, to make sure their lived experience and opinions influence thinking about the post-COVID world.

Weekly Survey

Please take 5 minutes to complete this weeks family needs survey here (use this link as we start a new survey each week) [FSCF Family Practical and Emotional Needs Survey 25 May](#). This is still really helping to make sure people outside our service are aware of what families are saying they need, and it makes sure I get you the right information, support and resources that you need. Thanks for continuing to complete this each week.

Relationship Feedback Form

More of these came in this week, and the feedback has been incredibly positive. If you haven't yet, please can you ask your families if they would complete a relationship feedback form. You can send this link by text message, whatsapp, email or by letter [RELATIONSHIP FEEDBACK FORM](#). Hard copy is available too. To share with you this one example from the early help coordinator feedback. We do really want to hear more from families about how our help is helping during this crisis, so thanks for your help with this.

4. What was the most helpful thing the coordinator did?

7 Responses

ID ↑	Name	Responses
1	anonymous	Listened too, made me feel less of a useless parent
2	anonymous	Got us help
3	anonymous	Facilitating and coordinating a plan to help my daughters and our family. I felt truly supported, listened to and helped.

Webinar – Helping Young People and Parents to Find Work

I mistakenly told you our next webinar was the one below – we also have this brilliant session on Thursday from Good Work Camden on helping young people and parents looking for work. Lots of comments from you about this being a concern coming up with families, so well worth the time to join the webinar and find out more about how Good Work Camden can help

Webinar – Remote Direct Work with Children and Families

In response to a number of you asking for more support on doing remote direct work, I've set up a 2-part webinar with Professor David Shemmings on this subject. David regularly runs skills workshops on direct work with children and families, which includes a section on use of contemporary technology in direct work – key for us as working with families remotely is likely to stay a feature of our work for the immediate future. I hope you are able to come to both sessions on 8 and 10 June, each session covers a different topic. Calendar invites were sent out last Monday. Let me know if you didn't receive this and I can send again.

New information uploaded to the COVID Guidebook this week (guidebook link here [FSCF COVID GUIDEBOOK](#)):

Online English Tuition at SYRDC SYRDC (Somali Youth Resource Development Centre) are offering free online English tuition for year groups 3-11. In the Childrens Activities and Home Learning section	Pregnancy, Newborns and COVID Information for mums to be and mums with newborns about taking care of baby during COVID. In the COVID NHS Information section	Google Map Showing Ward Level Help Here is a link to a google map showing where some of the COVID help is at ward level including local emergency food locations In the Local Community Sources of Support section and Food section
Stationery and Resources Pack from ACL Adult and Community Learning can provide stationery and resources for learners. Contact Perin Sarosh (on outlook)	Adult and Community Learning A new Guidebook section with links and resources for adult learning, including a range of free online courses In the Adult Learning section	BBC Asian Network The BBC Asian Network has created a series of short videos by medical professionals about COVID facts in a range of languages. Languages include Urdu, Bangla, Hindi, Gujarati, Tamil and many others

In the Childrens Activities and Home Learning section (activity packs)		In the NHS COVID information section
Food Parcels (Holborn, Covent Garden EC1N / WC) New emergency food parcel offer from Dragon Hall Trust and Covent Garden Community Centre In the Food section	Morrisons Offering Safe Spaces for Victims of DV 117 Morrisons stores with pharmacies have joined with Hestia to offer a safe space in pharmacy consulting rooms for victims fleeing from DV. Pharmacists have been trained to provide support and connect victims to local services. In the Violence in the Home section	More COVID Information in Different Languages Public Health information about COVID testing in different languages, and Red Cross Emergency Cards in different languages to help families stay in contact if separated during an emergency Details in the NHS COVID Information section
Policies and Procedures We have moved a number of our general policies and procedures over to the Guidebook. These include the CCE procedure, the CSE procedure and the Social Care Step Down procedure. In FSCF Procedures section (general policies tab)	Additional Hot Meals Delivery and Food Parcels (NW5, N6 and N19) Hot meal delivery or emergency food parcels by Highgate Newtown Community Centre. Delivering specifically to postcodes starting N6 6, NW5 1 or N19 5. In the Food section (Option 3 Emergency Food tab)	Henna Asian Womens Group Online support and group activities for Asian women In the Local Community Sources of Support section
Recovery College Online Recovery College is a unique peer-led approach to adult mental health recovery and wellbeing. They have a summer term programme, all being delivered online. In the Keeping Families Emotionally Well section		

As we enter week 10 of the shutdown, our capacity and our referral rate remain stable, and as of today I will not need to implement stage 4 of our emergency management plan and, as we will discuss next Tuesday, I am not intending to make any immediate changes to our operational approach. I will as always be monitoring this daily.

Stay safe and well and as always, do shout if there is anything you need.

Becca

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