23rd April 2020

**Our clinics Brook Euston, Brandon Centre and Pulse N7**

All our main clinics **remain open** for young people seeking sexual health and contraception services and advice. We are carrying out all initial patient consultations over the telephone and will offer appointments where needed following assessment. We ask young people to **call us before attending**. Please support them to do so if necessary.

Our usual opening times and services may be impacted by Covid-19; any changes will be posted on our [**website**](https://www.camish.co.uk/) or we will advise you over the phone (our phone lines remain open during our usual opening times). Please check before referring a young person.

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| --- | --- | --- |
| **Brook Euston** 92–94 Chalton St NW1 1HJ 020 7387 8700 | **Brandon Centre**26 Prince of Wales Rd NW5 3LG020 7267 4792 or contraception@brandoncentre.org.uk  | **Pulse N7**164 Holloway RdN7 8DD020 7527 1300 |

[**Where we are and opening times**](https://www.camish.co.uk/where-we-are)

All our outreach clinics, in settings such as LIFT, HIVE, etc. are closed.

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| **We offer** |  |
| * Pregnancy testing, advice and referral
* Emergency contraception and all forms of regular contraception (including implants and coils)
* Counselling and mental health support
* Free condoms & C-Card
 | • Testing and treatment for sexually transmitted infections • Sex and relationship information & support* Signposting to other services
 |

We can also support young people **self-isolating or shielding** and offer postal or online emergency contraception, regular contraception, pregnancy testing or condoms. Please contact our services for advice.

**STI home testing kits** are available via [Sexual Health London](https://www.shl.uk/).

Additional sexual health services in Camden and Islington are provided by our colleagues at the [Archway and Mortimer Market Centres](https://www.sexualhealth.cnwl.nhs.uk/).

**Safeguarding**

We continue to assess all young people who contact us for a consultation for safeguarding needs and are able to participate in safeguarding related meetings with our external partners. You can reach us via the existing contacts you have with our services or on our main clinic telephone numbers above.

**Emergency contraception and condoms from pharmacies**

Young people under 25 can also access [free emergency contraception and free condoms at local pharmacies](https://irp-cdn.multiscreensite.com/7b0ba4b9/files/uploaded/EC_Z_Card%20Nov%202019.pdf). However, pharmacies have also been affected by Covid and may be experiencing closures and stock issues. We will attempt to provide a current list of pharmacies in the [Covid-19 section of our website](https://www.camish.co.uk/). As the situation can change daily **it is important to contact pharmacies prior to referring a young person**. Failing to do so may risk young people missing the window for taking emergency contraception.

**Information for young people**

Please see attached comms for young people you can use on your websites, social media, newsletters or any other means of communication. We would be grateful for your support in letting young people know how they can access sexual health and contraceptive services during this time.

**Online sessions for young people**

We can offer online sessions on relationships and sexual health for groups of young people at your services. Topics we have delivered recently include **‘Managing relationships during Covid-19’**, **‘Sexting’**, **‘Looking after your sexual health during Covid-19**’. We can also work with you based on the needs of the young people you are supporting. Please get in touch with our education coordinator if you are interested.

**121 sexual health support**

Our 121 support service has moved to telephone sessions and we continue to accept new referrals

**C-Card and condoms for youth sites**

We continue to support C-Card sites via telephone and are ensuring there is sufficient stock. For any queries or if your service is currently not a C-Card site and you need condoms, please get in touch with our C-Card coordinator.

**Training for professionals**

We are developing bite-sized online sessions for professionals on supporting young people around there sexual health during Covid-19. For any queries, please contact our training coordinator

Central contact for any other queries:

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Network Coordinator

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